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DEPARTMENT OF EDUCATION



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August 3, 2026

MEMORANDUM

TO: City and County Superintendents of Education

FROM: Eric G. Mackey 
State Superintendent of Education

RE: Mental Health Telecounseling Pilot Project

In accordance with Act 2025-270, the Governor and Alabama Legislature appropriated funds to the Alabama State Department of Education (ALSDE) for implementation of the Statewide Mental Health Telecounseling Pilot Project for both students and employees. This project is designed to address common barriers to traditional in-person counseling for both students and school district employees.

The statewide telemental health pilot will offer a flexible and accessible model for conveniently delivering mental health support. The participating local education agencies (LEAs) will collaborate with the telecounseling vendor to ensure proper implementation of the program for data reporting requirements. Participating LEAs will also have the option to implement the program districtwide or at specific schools.

Interested LEAs are encouraged to complete the Participation Agreement via [this link](#) by August 14, 2026. Telecounseling services under the pilot project will be available to participating LEAs by August 31, 2026. **Please note as this is a pilot project the continuation of Telecounseling services is contingent upon the availability of state funds.**

If you have any questions related to the Mental Health Telecounseling Pilot Project, please contact Dr. Lisa Murphy by email at TelementalHealth@alsde.edu or by telephone at (334) 694-4994.

EGM/SB

cc: Mr. Jason Swann
Dr. Autumm M. Jeter
Dr. Margaret M. Jones

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