

## **KNOWLEDGE IS THE KEY get the facts on** SYNTHETIC DRUGS

Synthetic drugs, such as synthetic marijuana (K2 and spice) and bath salts, are made using man-made chemicals. The chemical make-up of these substances is changed frequently making their content and effects unpredictable.

They are often sold online, or at convenience stores and gas stations. They are labeled "not for human consumption."

These products are extremely dangerous. Users experience:

- rapid heart rate
- nausea
- vomiting
- excessive sweating
- agitation
- confusion
- hallucinations

- extreme paranoia
- seizures
- kidney and respiratory problems
- suicidal or other dangerous thoughts

## What can parents do?

- Talk to your teens about the dangers of synthetic drugs
- Set clear expectations that you NEVER want them to use this drug or any others.
- Avoid statements like, "I would rather you smoke traditional marijuana."
- Be aware of dried herb residue or foil pouches left in your child's room or car.

More Information: Synthetic Drugs (K2, Spice, Bath Salts, etc.) <u>https://goo.gl/Rv6RpH</u>

> DrugFacts: Synthetic Cathinones ("Bath Salts") https://goo.gl/5p7fAf