

Preschool Adapted Physical Education Assessment

| | |
|------------------------|-------------------------------|
| Student Name | School Name and System |
| Evaluator Name | |
| Evaluation Date | |

- 0 Points Not attempted physical education tasks, activities, and expectations stated in standard
 1 Point Attempted physical education tasks, activities, and expectations stated in standard
 2 Points Performs most physical education tasks, activities, and expectations stated in standard
 3 Points Masters all physical education tasks, activities, and expectations stated in standard

| Is the student ambulatory? | |
|----------------------------|-----------------------------------|
| Yes | *If answering no see form on back |
| No* | |

| Testing Descriptors for Ambulatory Students | Initial Evaluation | Progress Monitor at End of | | | |
|---|--------------------|----------------------------|-------------|-------------|-------------|
| | | 1st 9 Weeks | 2nd 9 Weeks | 3rd 9 Weeks | 4th 9 Weeks |
| Locomotor | | | | | |
| Changes direction while walking | | | | | |
| Crawls in cross pattern | | | | | |
| Hops on preferred foot 5 times | | | | | |
| Jumps feet together 5 times in a row | | | | | |
| Runs around obstacles | | | | | |
| Runs with control (using cross lateral integration) | | | | | |
| Skips, leading with 1 leg | | | | | |
| Walks down stairs with alternating feet | | | | | |
| Walks on a line | | | | | |
| Walks on tip toes | | | | | |
| Walks up and down stairs (alternating feet-without support) | | | | | |
| Walks with control (swinging arms in opposition from legs) | | | | | |
| Jumps over an object landing on both feet | | | | | |
| Non-Locomotor | | | | | |
| Bends (flex of a body part at a joint e.g. arm, leg, waist) | | | | | |
| Rocks or sway | | | | | |
| Shakes various body parts (arms, body, head) | | | | | |
| Arm stretches (overhead and in front of body crossing midline) | | | | | |
| Swings (arms forward/backward) | | | | | |
| Turns (full and quarter turn of body) | | | | | |
| Twists (partial rotation of trunk, arms) | | | | | |
| Wiggles (small or big curvy movement) | | | | | |
| Axil/Stability | | | | | |
| Balances on one foot (8-10 seconds) | | | | | |
| Imitates simple bilateral movements of limbs (e.g. arms up together) | | | | | |
| Spins around to right, then to left | | | | | |
| Walks a balance beam forwards and backwards | | | | | |
| Manipulative | | | | | |
| Catches a bounced ball | | | | | |
| Kicks a stationary ball | | | | | |
| Rolls a ball | | | | | |
| Throws objects with an overarm action at a target | | | | | |
| Miscellaneous | | | | | |
| Sensory issues (whistle noise, bouncing balls, loud music, etc.) | | | | | |
| Follows class routines (line up, report to spot, etc.) | | | | | |
| Imitates classmates when in doubt of skill or activity (looks at other students for correct skill/activity) | | | | | |
| Involuntary reaction to situations (holds hands out to catch/deflect a thrown object, uses hands to break a fall, etc.) | | | | | |
| Start, stop on command/cue/sound | | | | | |
| Total Score | | | | | |

Scoring: Not attempted 0 – points Attempted – 1 point Performs most – 2 points Mastery – 3 points
 (Student scoring 31 or below at the fourth nine week evaluation should be referred for APE for Kindergarten)
Students scoring below 31 at the initial evaluation should be referred for adapted physical education

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| Testing Descriptors for Non-Ambulatory Students | Initial Evaluation | Progress Monitor at End of | | | |
|---|--------------------|----------------------------|-------------|-------------|-------------|
| Fine Motor Skills | | 1st 9 Weeks | 2nd 9 Weeks | 3rd 9 Weeks | 4th 9 Weeks |
| Palmar grasp (holds an object in the left palm by wrapping fingers and thumb around it from one side) | | | | | |
| Palmar grasp (holds an object in the right palm by wrapping fingers and thumb around it from one side) | | | | | |
| Pincer grasp (holds object between right hand thumb and index finger) | | | | | |
| Pincer grasp (holds object between left hand thumb and index finger) | | | | | |
| Top-level reaching (grasps an object that is within reach, looking only at the object and not at the hands) | | | | | |
| Demonstrates a reflexive grasp when objects are placed in hand | | | | | |
| Grasps small object (i.e., beanbag) right hand | | | | | |
| Grasps small object (i.e., beanbag) left hand | | | | | |
| Picks up a dropped object (i.e., beanbag) right hand | | | | | |
| Picks up a dropped object (i.e., beanbag) right hand | | | | | |
| Total Score | | | | | |

Scoring: Not attempted 0 – points Attempted – 1 point Performs most – 2 points Mastery – 3 points
 (Student scoring 9 or below at the fourth nine week evaluation should be referred for APE for Kindergarten)
Students scoring below 9 at the initial evaluation should be referred for adapted physical education