DIABETES CARE TASKS AT SCHOOL: What Key Personnel Need to Know

DIABETES MEDICAL MANAGEMENT PLAN
Goal: Optimal Student Health and Learning

Each student should have a Diabetes Medical Management Plan (DMMP) as the foundation for all school-based care.
Learning Objectives

Participants will be able to understand:

- *Why the Diabetes Medical Management Plan is important*
- *What other kinds of plans are most often used*
- *The purpose, content, and person(s) responsible for each kind of plan*
Diabetes Medical Management Plan (DMMP)

- Basis for all school-based diabetes care plans
- Developed by the student’s personal health care team and parent/guardian and signed by a member of student’s personal health care team
- Individualized
- Implemented collaboratively by the school diabetes team:  
  - school nurse
  - the student
  - parent/guardian
  - other school personnel
DMMP Information

- Emergency contact information
- Level of self-care
- Blood glucose monitoring
- Insulin/medication administration
- Glucagon administration
- Meal and snack schedule
- Physical activity and sports
- Recognition and treatment of hypoglycemia and hyperglycemia
Other Written Plans

- Section 504 Plan
- Individualized Education Program (IEP)
- Individualized Health Care Plan (IHP)
- Quick Reference Emergency Plan
Needs Addressed by 504 Plan/IEP

- Location and timing of blood glucose monitoring and insulin administration
- Identity of trained diabetes personnel
- Location of diabetes supplies
- Free access to water and restroom
- Nutritional needs, meals and snacks
- Full participation in all school-sponsored activities
- Access to blood glucose checks and treatment supplies during exams
- Alternative times for academic exams if student is experiencing hypoglycemia or hyperglycemia
- Absences without penalty for doctors’ appointments and diabetes-related illness
- Maintenance of confidentiality and student’s right to privacy
Individualized Health Care Plan (IHP)

- The school nurse may develop to implement the DMMP
- Based on Diabetes Medical Management Plan (DMMP) or “medical/physician’s orders”
- Communicates the nursing management strategies for the student in the school setting
Quick Reference Emergency Plan

- Summarizes to how to recognize and treat hypoglycemia and hyperglycemia
- Based on information from DMMP
- Distributed to all personnel who have responsibility for student with diabetes
# Written Plans for Diabetes Management

<table>
<thead>
<tr>
<th>Plan</th>
<th>What it covers</th>
<th>Who writes it</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DMMP</strong></td>
<td>&quot;Doctor’s Orders&quot; – details all aspects of routine and emergency diabetes care.</td>
<td>Personal health care team</td>
</tr>
<tr>
<td><strong>504 Plan</strong></td>
<td><em>Education plans</em> - details both health care and educated related aids, services, accommodations, and special education services the student needs.</td>
<td>504 team</td>
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<tr>
<td><strong>IEP</strong></td>
<td></td>
<td>IEP team</td>
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<tr>
<td><strong>IHP</strong></td>
<td><em>School nursing care plan</em> - specifies how diabetes care as prescribed in the DMMP will be delivered in the school</td>
<td>School nurse</td>
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<tr>
<td><strong>Quick Reference Emergency</strong></td>
<td><em>Tool for school staff</em> - how to recognize and treat hypoglycemia or hyperglycemia</td>
<td>School nurse</td>
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