Hospitality and Tourism

Hospitality and Tourism is a one-credit course that serves as the prerequisite for all pathways included in the Hospitality and Tourism cluster. Major topics include introduction to hospitality and tourism, recreation, travel and tourism, lodging, restaurant and food and beverage services, safety and sanitation, customer relations, and quality services. The required school-based laboratory for the Hospitality and Tourism cluster is a commercial food service kitchen with a food-serving and dining area. School-based laboratory experiences are essential for students to develop skills in the hospitality and tourism industry. Career and technical student organizations are integral, cocurricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Introduction to Hospitality and Tourism

Students will:

1. Trace the history of hospitality and tourism industries, including culinary and food services, lodging, travel and tourism, and legal and ethical issues.

2. Apply mathematical, reading, writing, terminology, critical-thinking, decision-making, communication, financial literacy, and problem-solving skills to hospitality and tourism industries.

3. Explain the impact of goal setting, teamwork, and technical skills on careers in hospitality and tourism industries.
   • Recognizing the importance of FCCLA programs to hospitality and tourism industries

4. Determine technology tools that impact hospitality and tourism industries.

5. Determine career pathways, entrepreneurial opportunities, and required credentials related to hospitality and tourism.

Recreation, Travel, and Tourism

6. Compare types of recreation, travel, and tourism activities.
   • Examples: amusement parks, museums, sporting events, destination vacations, cruises, spas, resorts, tours, attractions, theaters, reunions

7. Describe strategies involved in planning various events, including golf tournaments, weddings, and anniversary celebrations.
Lodging

8. Determine stages in the guest cycle, including pre-arrival, arrival, occupancy, and departure.

9. Identify criteria used for classifying hotel properties.

10. Identify the role of various departments within a lodging facility.
    Examples: housekeeping, maintenance, landscaping

Restaurant and Food and Beverage Services

11. Organize the back-of-the-house and front-of-the-house of a culinary laboratory for function, efficiency, time management, and cost.

12. Demonstrate operation of food preparation and nonfood commercial equipment, according to Occupational Safety and Health Administration (OSHA) standards.
    • Classifying small and large food preparation equipment
    • Describing the calibration of food preparation equipment
    • Measuring portions with ladles, cups, spoons, and scales
    • Analyzing warranties and service agreements for proper maintenance of food preparation equipment
    • Identifying proper handling, storage, and cleaning of food preparation equipment

13. Apply culinary calculations to recipe conversions, including weight and volume, calories and fat grams, and food temperature conversions.

14. Demonstrate safety when using various cutting tools in a commercial culinary laboratory.
    • Comparing knife cuts used in the culinary industry
      Examples: julienne, bâtonnet, brunoise, dice, tourne, rondelle, chiffonade
    • Identifying sharpening tools, including stone and steel
    • Illustrating safe handling and washing techniques for sharpening tools
    • Selecting proper cutting tools, including knives, mandolins, choppers, and food processors for various tasks
    • Demonstrating safe knife-sharpening techniques

15. Assess factors that affect food quality, including taste, appearance, color, and texture.

16. Explain the importance of developing standardized recipes in a food service operation.
    • Interpreting recipe instructions
    • Analyzing a recipe for spice and seasoning substitutions and adjustments

17. Define important dietary terms, including bland, low-fat, low-sodium, low-cholesterol, and fat-free diets.
    • Recognizing various food allergies
    • Identifying eating disorders
    • Classifying major nutrients
    • Preparing healthy recipes for special diets

Alabama Course of Study: Career and Technical Education 385
Safety and Sanitation

18. Describe the Hazard Analysis and Critical Control Point (HACCP) and Material Safety and Data Sheets (MSDS) standards.
   • Identifying foodborne illnesses and hygiene procedures for avoiding each
   • Demonstrating proper handling, preparation, and storage of food
   • Demonstrating compliance with health codes for food service related to chemical storage, pest control, and garbage disposal

Customer Relations and Quality Services

19. Describe basic service skills used in hospitality and tourism industries, including welcoming and processing guests, overseeing customer comfort, and handling customer complaints.

20. Compare styles of food service, including counter, tray line, seated, banquet, and catering.
   • Demonstrating table-setting techniques