

Introduction to Cosmetology

Introduction to Cosmetology is a one-credit course that provides students with a study of concepts related to the cosmetology profession. Specific topics include cosmetology history and opportunities, professional image, infection control, and basic fundamentals and principles of hair care and design. Students also gain initial practical experience in sanitation, shampooing, hair shaping, and hairstyling. Upon successful completion of this course, students are able to practice safety and sanitary precautions as they perform basic cosmetology procedures. Introduction to Cosmetology is the prerequisite to Chemical Services, Hair Coloring, Introduction to Spa Techniques, Advanced Spa Technique Applications, Salon Practices and Management, and State Board Practicum.

Career and technical student organizations are integral, cocurricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Foundation

Students will:

1. Apply mathematical, reading, writing, critical-thinking, decision-making, and problem-solving skills to perform work in the cosmetology industry.
2. Demonstrate teamwork and skills necessary for developing long-range goals and projects that impact the cosmetology industry.
Example: career and technical student organization (CTSO) program of work
3. Utilize technology and information technology tools that impact management and services provided by the cosmetology industry.

Salon Safety and Sanitation

4. Apply safety rules and regulations related to cosmetology, including fire equipment, tools, Material Safety Data Sheets (MSDS), and Environmental Protection Agency (EPA) procedures.

Cosmetology History and Opportunities

5. Explain the origin and historical advancements of hairstyling in cosmetology and barbering.
6. Identify pioneers of modern cosmetology and their contributions to the industry.
7. Describe career opportunities available in the cosmetology industry.
Examples: stylist, barber, salon manager, esthetician, nail technician, makeup artist

Professional Image

8. Apply concepts related to personal hygiene, physical poise, professional dress, and workplace ethics in cosmetology and barbering.
9. Demonstrate effective communication skills while performing duties associated with cosmetology.

Infection Control, Principles, and Practice

10. Identify types and classifications of bacteria.
Examples: nonpathogenic, pathogenic
11. Practice infection control techniques relative to cosmetology, including performing wet and dry sanitizing procedures for safety and decontamination.
 - Differentiating between sterilization, disinfection, and sanitation
 - Using Occupational Safety and Health Administration (OSHA) requirements for infection control and disposal of chemicals in cosmetology

Fundamentals of Hair Care

12. Demonstrate draping procedures for hair services.
Examples: dry, wet, chemical
13. Demonstrate procedures for shampooing, rinsing, conditioning, and caring for the scalp and hair.
 - Identifying various types of shampoos and conditioners, emulsions and suspensions, and pH codes
 - Analyzing conditions of the scalp and hair
 - Applying procedures for scalp massages and treatments
Examples: hot oil treatment, ultraviolet ray treatment

Principles of Hair Design

14. Explain principles and elements of hairstyle and design.
 - Explaining the relationship of facial types to styling principles for male and female design
 - Describing the use of various tools and equipment for hairstyling
 - Identifying the five elements and five principles of hair design
 - Identifying basic patterns for haircutting
15. Apply techniques for hair shaping and design.
 - Utilizing correct hair shaping terminology
 - Demonstrating how to section hair, including basic elevation, angles, and guidelines
 - Demonstrating face shaving and beard and mustache trimming techniques based on facial structure, including final shaving of the face and neck

16. Demonstrate methods of haircutting, including clipper over comb, wet and dry, arching, scissor cut, and razor cut.
 - Demonstrating correct techniques for holding combs, shears, clippers, trimmers, razors, and thermal styling tools
 - Demonstrating edge and clean neckline techniques with razors, clippers, or shears
17. Demonstrate hairstyling techniques, including braiding, pressing, wrapping, and roller control.