

Introduction to Nail Care and Applications

Introduction to Nail Care and Applications is a one-credit course that focuses on all aspects of the nail care industry. Specific topics include nail care history and opportunities, nail and skin services, sanitation and bacteriology, and salon conduct. Upon successful completion of this course, students are able to demonstrate professional conduct, recognize nail disorders and diseases, and identify and perform procedures for sanitation and nail care services. This course is a prerequisite for Nail Art and Applications and State Board Practicum Pathway B.

Career and technical student organizations are integral, cocurricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Nail Care History and Career Opportunities

Students will:

1. Document the origin of nail care technology and advancements made in the industry.
2. Describe career opportunities available in the nail care industry.
Examples: nail technician, manicurist, pedicurist, nail artist

Nail and Skin Theory and Services

3. Describe the structure and composition of the nail.
4. Describe diseases, disorders, and growth of the nail.
 - Identifying diseases of the nail that should not be treated in the salon
 - Differentiating among diseases of the nail, including mold and fungus
5. Identify products, supplies, and implements needed for a manicure and pedicure.
6. Demonstrate procedures for basic manicure, pedicure, and artificial nail services.
 - Exhibiting correct setup of a manicure table
 - Demonstrating proper setup of a pedicure station
 - Utilizing massage techniques when giving a manicure or pedicure
 - Applying tips, wraps, acrylic nails, and gels
 - Repairing broken or split nails
7. List preservice and postservice steps of an artificial nail procedure.
8. Explain the anatomy and physiology of the arm and hand.
 - Relating layers, blood vessels, and regeneration of the skin to nail and skin services
9. Identify the five shapes of a nail.
10. Demonstrate the correct technique for applying nail polish.

Sanitation and Bacteriology

11. Demonstrate safety and infection control procedures for nail care services, including applying sanitation and disinfection procedures on tools and implements and demonstrating safety precautions when applying artificial nails.
12. Demonstrate procedures for handling a blood spill.

Salon Conduct

13. Explain concepts related to establishing a professional image in the nail care profession, including personal hygiene, physical poise, appropriate attire, and effective communication skills.
14. Practice acceptable work ethics related to individual responsibility, integrity, honesty, and personal conduct.