Natural Hair Styling Theory is a one-credit course designed to provide instruction on scientific concepts and natural hair care and services. Theory scope of content includes infection control, safety practices, human anatomy and physiology, client consultation, analysis, documentation, services, and procedures.

Career and technical student organizations are integral, co-curricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

Students will:

**Infection Control and Safety Practices**

1. Identify how disease and infection are caused and transmitted.

2. Recognize purpose and effects of infection control principles.
   - Understand the levels of infection control to include sanitation, cleaning, disinfection, and sterilization
   - Understand the process of infection control to include cross-contamination, recognition, and prevention
   - Differentiate between single-use and multi-use tools and the purpose of each

3. Demonstrate procedures and prevention of blood contact and exposure.

4. Identify requirements of governmental agencies to include OSHA Standards, EPA, and FDA.

5. Establish and maintain client records.

**Human Anatomy and Physiology**

6. Identify function, structure, and composition of the hair and scalp.

7. Identify growth cycle of hair.

8. Identify signs and symptoms of conditions, disorders, and diseases of the hair and scalp.

9. Identify muscles, bones, and joints and the functions related to head and face.
10. Identify functions of the nervous system and circulatory system related to head, hair, and scalp.

11. Recognize effects of nutrition on hair and scalp.