

# State Board Practicum

State Board Practicum is a one-credit, culminating course that provides students with a comprehensive study of State Board procedures and practical applications in cosmetology and nail care. The course consists of Pathway A—Cosmetology, content standards 1-19, and Pathway B—Nail Care Services, content standards 1-13 and 20-22. Upon successful completion of this course, students are able to demonstrate practical skills necessary for meeting state licensure requirements and for successful employment. The prerequisites for this course depend upon the licensure the student is pursuing.

Career and technical student organizations are integral, cocurricular components of each career and technical education course. These organizations serve as a means to enhance classroom instruction while helping students develop leadership abilities, expand workplace-readiness skills, and broaden opportunities for personal and professional growth.

## Salon Safety and Infection Control

Students will:

1. Apply safety rules, regulations, and procedures necessary for preparation and attainment of licensure by the Alabama Board of Cosmetology.  
Examples: infection prevention, disease control, blood spills, fire safety
2. Demonstrate the safe cleaning and disinfecting of salon tools, implements, equipment, and facilities during practical application.

## Professional Development

3. Interpret state rules and laws governing the cosmetology and nail care industries.
4. Identify employers with career opportunities available to licensed cosmetologists and nail care technicians.
5. Exhibit ethical conduct and effective communication skills needed in the workplace.

## Anatomy and Physiology

6. Identify the structure and functions of human body systems and their relationship to skin and nail care, including cellular development and the skeletal, muscular, nervous, circulatory, excretory, digestive, endocrine, and respiratory systems.

## Nail and Skin Services

7. Identify nail and skin disorders and diseases commonly encountered by cosmetologists and nail technicians.

8. Apply procedures for performing manicures, pedicures, and natural and artificial nail care techniques.
9. Explain procedures for performing a facial treatment.
10. Practice facial massage movements.

## **Salon Management**

11. Demonstrate the process of securing required local and state licensure for operating a cosmetology or nail care business.
12. Explain processes for obtaining a lease, purchasing a building, renting a booth, and designing the layout of a salon.
13. Demonstrate the process of maintaining accurate business records, developing and retaining clients, employing marketing strategies, and exhibiting employee management skills.

## **Chemistry and Electricity**

14. Describe cosmetology procedures and practices that require a basic knowledge of chemistry and electricity.

## **Advanced Haircutting**

15. Demonstrate various haircutting elevations utilizing appropriate tools and implements.

## **Trichology**

16. Demonstrate proper care of the scalp and hair.

## **Hair Design Techniques**

17. Design thermal curling, finger waves, pin curls, roller control, and blow drying for each type of hair texture.
  - Identifying facial and head shapes and contours

## **Chemical Services**

18. Identify structural changes that occur during permanent waving, chemical relaxing, and hair coloring.
19. Demonstrate procedures for performing permanent waving, chemical relaxing, and hair coloring.

## **Nail Salon Services**

20. Exhibit appropriate use of implements, cosmetics, and materials used in performing nail services.
21. Demonstrate advanced techniques in performing manicure, pedicure, and artificial nail services.
  - Practicing massage therapy
22. Justify regular rebalance procedures and repairs for damaged nails.