Do I Have Enough Vegetables/Fruits?

**BREAKFAST:** Either Fruit or Vegetable must be served

- Number of children ages 1-2 _____________ x .25 cups = ______________ cups
- Number of children ages 3-18 _____________ x .5 cups = _______________ cups
- Total fruit/vegetable required for breakfast ______________ cups

**LUNCH:** At least one vegetable AND either a fruit or vegetable for a total of 2

- Number of children ages 1-2 _____________ x .125 cups = ______________ cups
- Number of children ages 3-5 _____________ x .25 cups = _______________ cups
- **FRUIT** - Number of children ages 6-18 _____________ x .25 cups = _______________ cups
- **VEGETABLES** - Number of children ages 6-18 _____________ x .5 cups = _______________ cups
- Total vegetable required for lunch ______________ cups
- Total other vegetable/fruit required for lunch ______________ cups

**SNACK:** Not required but an option

- Number of children ages 1-5 _____________ x .5 cups = _______________ cups
- Number of children ages 6-18 _____________ x .75 cups = _______________ cups
- Total fruit/vegetable required for snack ______________ cups