



ALSDE



Family Resources When Navigating Student Bullying & Suicide Incidents



March 2026

Table of Contents

Acknowledgments	03
NATIONAL	
National Resources	05-06
STATE	
State Resources	08-10
Alabama Crisis System of Care – Alabama Crisis Centers	11-12
Alabama Crisis System of Care – Mobile Crisis Teams	13-14
Community Mental Health Centers	15-16
CMHC’s Emergency Contact Numbers	17-18
BY COUNTY	
Federally Qualified Health Center (FQHC)	20-26
Suicide Prevention, Intervention & Postvention Resources	27-65



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NATIONAL





National Resources

EMERGENCIES or CRISIS:

For All Emergencies Call: 911

National Suicide Prevention Lifeline – English call or text: 988 or 1-800-273-TALK (8255); Spanish: 1-888-628-9454. All numbers are available 24/7. Calls are routed to the closest Accredited Crisis Line.

988 is more than just an easy-to-remember number—it's a direct connection to compassionate, accessible care and support for anyone experiencing mental health-related distress – whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress. People can also dial 988 if they are worried about a loved one who may need crisis support.

Crisis Text Line: Text HELLO to 741-741 from anywhere in the United States. Available 24/7. Trained volunteers will text about whatever is a crisis to you.

OTHER RESOURCES:

Boys Town National Hotline: 1-800-448-3000

The hotline is staffed 24/7, year-round by trained counselors who can give advice and guidance on a wide range of issues, including adolescent defiance, tantrums, substance abuse and suicidal thoughts.

Children & Adults with Attention-Deficit/Hyperactivity Disorder: 1-800-233-4050
CHADD empowers people affected by ADHD by providing evidence-based information; supporting individuals, their families, and professionals who assist them throughout their journeys; and advocating for equity, inclusion, and universal rights.

Depression and Bipolar Support Alliance: 1-800-826-3632

DBSA provides hope, help, support, and education to improve the lives of people who have mood disorders.

Disaster Distress Helpline: call or text 1-800-985-5990

The Disaster Distress Helpline (DDH) is the first national hotline dedicated to providing year-round disaster crisis counseling. This toll-free, multilingual, crisis support service is available 24/7 to all residents in the U.S. and its territories who are experiencing emotional distress related to natural or human-caused disasters.



Friends for Survival-Suicide Loss Helpline: 1-800-646-7322; 1 a.m.-7 p.m., 7 days a week
A non-profit bereavement outreach organization available to those who are grieving a suicide death of family or friends. All staff and volunteers have been directly impacted by a suicide death.

National Alliance Mental Health: 1-800-950-6264; Mon. – Fri. 10 a.m. – 6 p.m. ET
Nationwide peer-support services providing information, resource referrals and support to people living with a mental health condition.

National Drug Helpline: 1-844-289-0879

Call 24/7 to get information about substance use or misuse including how to recognize drug use in a loved one.

SAMHSA's National Helpline: 1-800-662-HELP (4357) (also known as the Treatment Referral Routing Service), or TTY: 1-800- 487-4889

The helpline is a confidential, free, 24-hour-a-day, 365-day-a-year, information service, in English and Spanish, for individuals and family members facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.

The Trevor Lifeline: 1-866-488-7386 or text “START” to 678-378

A national hotline available 24/7 providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under the age of 25.

Teen Line: Call: 1-800-852-8336; 8 p.m. – midnight or text “TEEN” to 839-863 from 8 p.m. – 11 p.m.

Teen Line is an anonymous, nonjudgmental space for youth. Through our hotline, teens can access personal peer-to-peer support from highly trained teens supervised by adult mental health professionals.

Trans Hotline: 877-565-8830

Trans Lifeline's Hotline is a peer support phone service run by trans people for trans and questioning peers which is available 24/7.

Veterans Crisis Line: 1-800-273-8255 or dial 988 & press 1 or text 838255

Are you a Veteran in crisis or concerned about one? You're not alone—the Veterans Crisis Line is here for you. You don't have to be enrolled in VA benefits or health care to call. Access free, confidential support 24/7, 365 days a year. Connect with a real person qualified to support Veterans. The Veterans Crisis Line serves Veterans, service members, National Guard and Reserve members, and those who support them.

STATE



State Resources

211 Connects Alabama

Text your zip code to 898-211 and message live 211 specialists for help. Dialing 211 connects you to a trained operator 24/7 that has access to a comprehensive database with a multitude of services in your community. 211 provides resources related to social and mental and healthcare needs, food banks, clothing, shelters, rent assistance, utility assistance, etc. to name a few.

Alabama Department of Mental Health (ADMH):

ADMH Advocacy Office - 1-800-367-0955

ADMH Autism Office - 1-800-499-1816

ADMH Developmental Disabilities Call Center - 1-800-361-4491

ADMH Mental Illness - 1-800-367-0955

ADMH Peer Support - 1-800-832-0952

ADMH Substance Use Disorder - 1-844-307-1760

Alabama Disabilities Advocacy Program - 1-800-826-1675

Council on Substance Abuse - 1-877-HELP-4AL

People Engaged in Recovery - 1-888-421-7347

Alabama Department of Public Health - 1-800-252-1818

<https://www.alabamapublichealth.gov/blog/assets/guidetoservices.pdf>

The Alabama Department of Public Health is a statewide health agency focusing on the health and well-being of all ages. Call 1-800-252-1818 for assistance with suicide prevention.

Alabama Family Central - 1-888-928-3471

<https://alabamafamilycentral.org/>

An online search for support available in Alabama, Alabama Family Central helps Alabama families gain access to resources, programs and services focused on childcare, education, and family and health services. Resources are available by phone, too.

ASPARC - Alabama Suicide Prevention and Resources Coalition is now a fully-fledged non-profit organization educating people within the state of Alabama in basic suicide prevention techniques and strategies. For more information or extensive resource lists, visit asparc.org.

Connect Alabama App: download from your app store

Connect Alabama is a behavioral health services and treatment finder application, which provides individuals instant access to education, information and services related to substance use, mental health, and prevention. The app is available for download through the app store and for Android devices via Google play.



State Resources

Psychiatric Intake Response Center (PIRC): 205-638-7472

The PIRC is a free, confidential mental health resource line operating from 8 a.m. – 11 p.m. every day. The PIRC team is staffed with licensed mental health professionals who assist adult callers on behalf of a child or teen by identifying mental health providers in their community and education and support related to the callers' concerns.

The Recovery Organization of Support Specialist (R.O.S.S.): 1-844-307-1760 – 24/7
R.O.S.S. aims to advocate, empower and collaborate for any individual seeking recovery. Are you or a family member, struggling with addiction or in need of support? If you prefer to chat the chat line is available 24/7. Please visit the website at www.rosshelpline4u.org.

Wings Across Alabama: 1-844-999-4647 – Monday – Friday 2- 8 p.m.; Saturday & Sunday 3- 8 p.m.

Individual Non-Crisis Support. The Alabama Warm Line is staffed by Certified Peer Specialists (CPS) who all have personal experience with mental illness including stigma, hospitalizations, homelessness, thoughts of suicide, feeling overwhelmed, loneliness, challenges of poverty and more. Call to have a confidential conversation with someone who will listen without judgment or criticism.

Treatment Centers:

AIDS Alabama – 205-324-9822

Alabama Clinical Schools for Sexual Behaviors – 205-836-9923

BayPointe Residential – 251-661-0153

Brighter Path- Courtland – 256-637-2199

Glenwood Daniel House – 205-939-1088

Hill Crest Behavioral Health – 205-833-9000

Laurel Oaks Behavioral Health Center – 334-794-7373

Magnolia Creek Treatment Center for Eating Disorders – 866-924-1870

Mountain View Residential – 800-245-3645



State Resources

My Alabama is a general and helpful website to find resources that the state of Alabama may coordinate. <https://www.myalabama.gov/services>

This site offers information about:

- Alabama Coalition Against Domestic Violence
- Alabama's Early Intervention System
- Adult Protective Services for elderly persons
- ALL Kids/Medicaid
- Breast & Cervical Cancer Early Detection & Prevention Program
- Child Care Services
- Child Support Enforcement
- Child Support Online Payment questions
- Children's Rehabilitation Services
- ElderConnect Alabama
- Elderly and Disabled Waiver Program
- Employment Services
- Family and Children Services
- Family Assistance (TANF)
- Family Planning/Birth Control Program
- Fatherhood Program
- Food Assistance
- Home Health Program,
- HIV/AIDS Testing and Counseling
- HIV/AIDS Waiver Program
- Life Care Program
- Long-Term Care Ombudsman Program
- Mental Illness Services
- SAIL Homebound/Waiver Program
- SAIL Independent Living
- SenioRx Partnership for Medication Assistance
- Sexually Transmitted Disease Testing
- Special Supplemental Nutrition Program for Women, Infants & Children (WIC)
- Substance Abuse Services
- Unemployment Insurance
- Unemployment Compensation
- Vocational Rehabilitation Services

Alabama Crisis System of Care

Alabama Crisis Centers

Crisis Centers in Alabama are individualized to the unique needs of the communities they serve.

- AltaPointe Health: The Behavioral Health Crisis Center is located in Mobile and serves Baldwin, Clark, Conecuh, Escambia, Mobile, Monroe, and Washington Counties.

[Behavioral Health Crisis Center | 251-662-8000 | 2401 Gordon Smith Drive, Mobile](#)

- Carastar Health (formerly MAMHA): This center is in Montgomery, but serves the entire River Region, and the counties of Chambers, Lee, Russell, and Tallapoosa, in partnership with the community mental health centers of East Alabama and East Central Alabama. Mobile Crisis Services are in operation, in conjunction with law enforcement and first responder partnerships.

[Carastar Crisis Center | 800-408-4197 | 5915 Carmichael Road, Montgomery](#)

- Indian Rivers Behavioral Health: The Hope Pointe Crisis Center is located in Tuscaloosa and serves: Bibb, Choctaw, Dallas, Greene, Hale, Marengo, Perry, Pickens, Sumter, Wilcox, and Tuscaloosa Counties.

[Hope Pointe Behavioral Health Crisis Center | 205-391-4000 | 1401 Greensboro Ave, Tuscaloosa](#)

- Jefferson, Blount, St. Clair Behavioral Services: This center is located in Birmingham serving the named counties, in addition to Calhoun, Chilton, Clay, Cleburne, Coosa, Randolph, Shelby, and Talladega Counties.

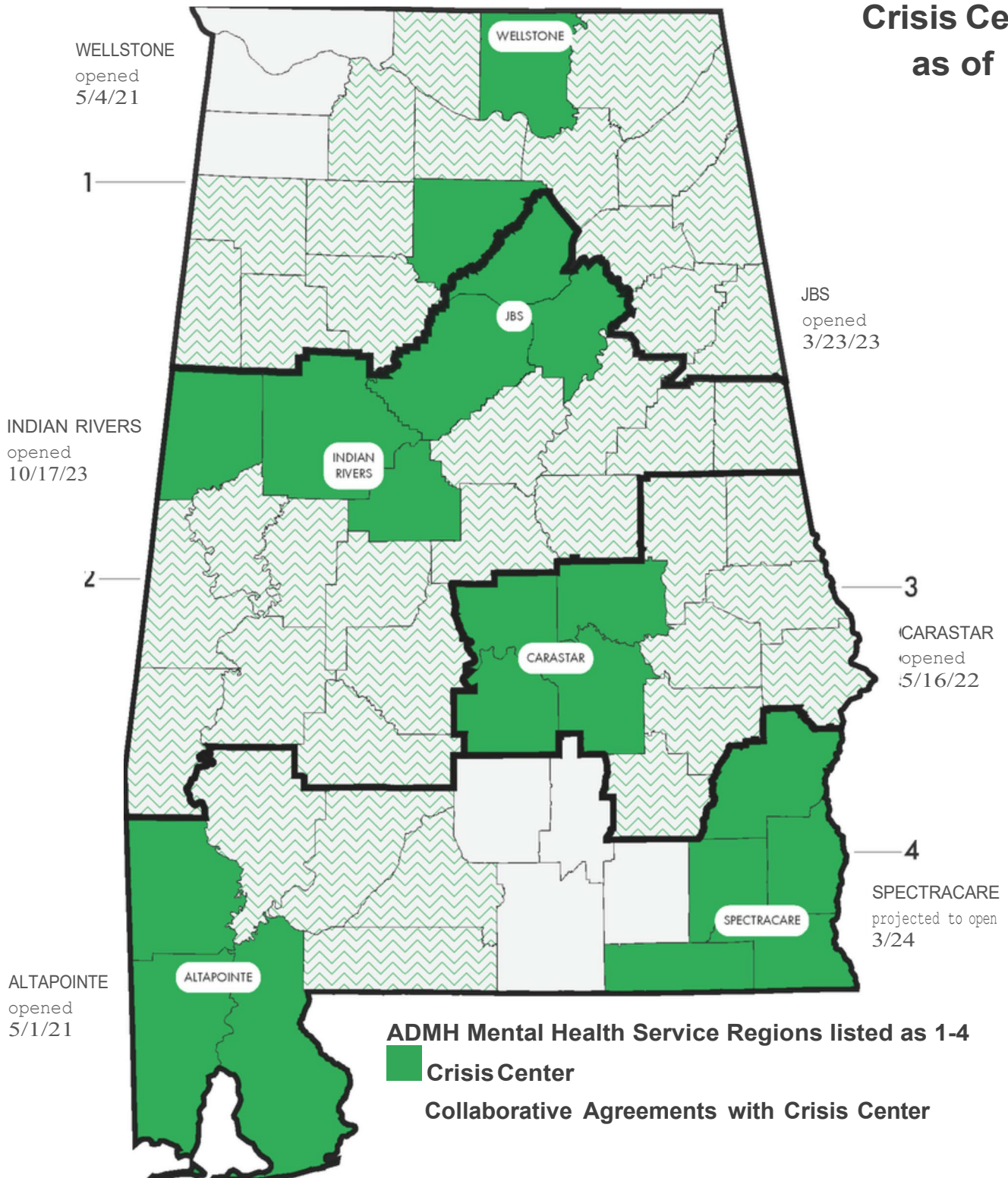
[Craig Crisis Care Center | 205-263-1701 | 401 Beacon Parkway W, Birmingham](#)

- SpectraCare Health Systems: The center will be located in Dothan and plans to open in Spring 2024. More information on counties served and contact information for the Crisis Center will be posted when designated.
- WellStone: This center is located in Huntsville serving Cullman and Madison counties, and the surrounding counties of Cherokee, Dekalb, Etowah, Fayette, Jackson, Lamar, Lawrence, Limestone, Marion, Marshall, Morgan, Walker, and Winston. Mobile Crisis Services are in operation, in conjunction with law enforcement and first responder partnerships.

[WellStone Emergency Services | 256-705-6444 | 4020 Memorial Parkway SW, Huntsville](#)



Crisis Centers as of FY23



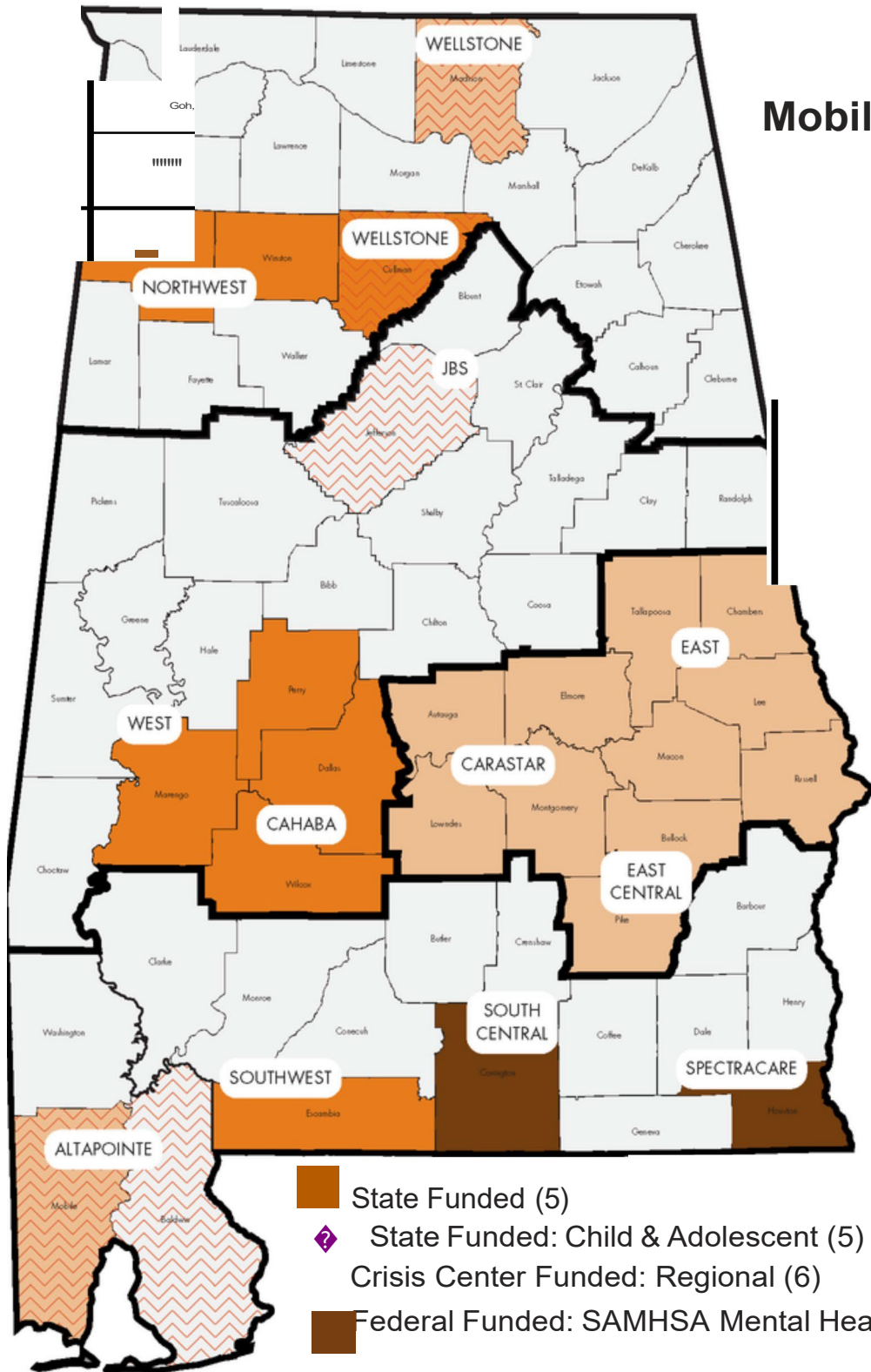


Alabama Crisis System of Care

Mobile Crisis Teams

Mobile Crisis Teams – In our state, 67 counties, 55 are deemed “rural” (ADPH). Many communities, families, and individuals reside in rural areas without the ability to easily travel to a Crisis Center or a community mental health center if a crisis should occur. In order to actively change the model of care and respond to this vital need, the Alabama Department of Mental Health has expanded the Alabama Crisis System of Care to include Mobile Crisis Teams (MCT).

There are now 14 teams at 11 community mental health centers. The goals for mobile crisis services are aligned with the overarching goals of crisis care, which are to reduce the burden on EDs/Hospitals, reduce the burden on Law Enforcement/Jails, and improve access to the “right care, right time, right place.” Each center will have a mobile crisis team as part of mobile crisis services. The community mental health centers may also include in their crisis services: a co-response with law enforcement and emergency medical personnel, crisis peer support, crisis case management, regional call centers, and respite options.



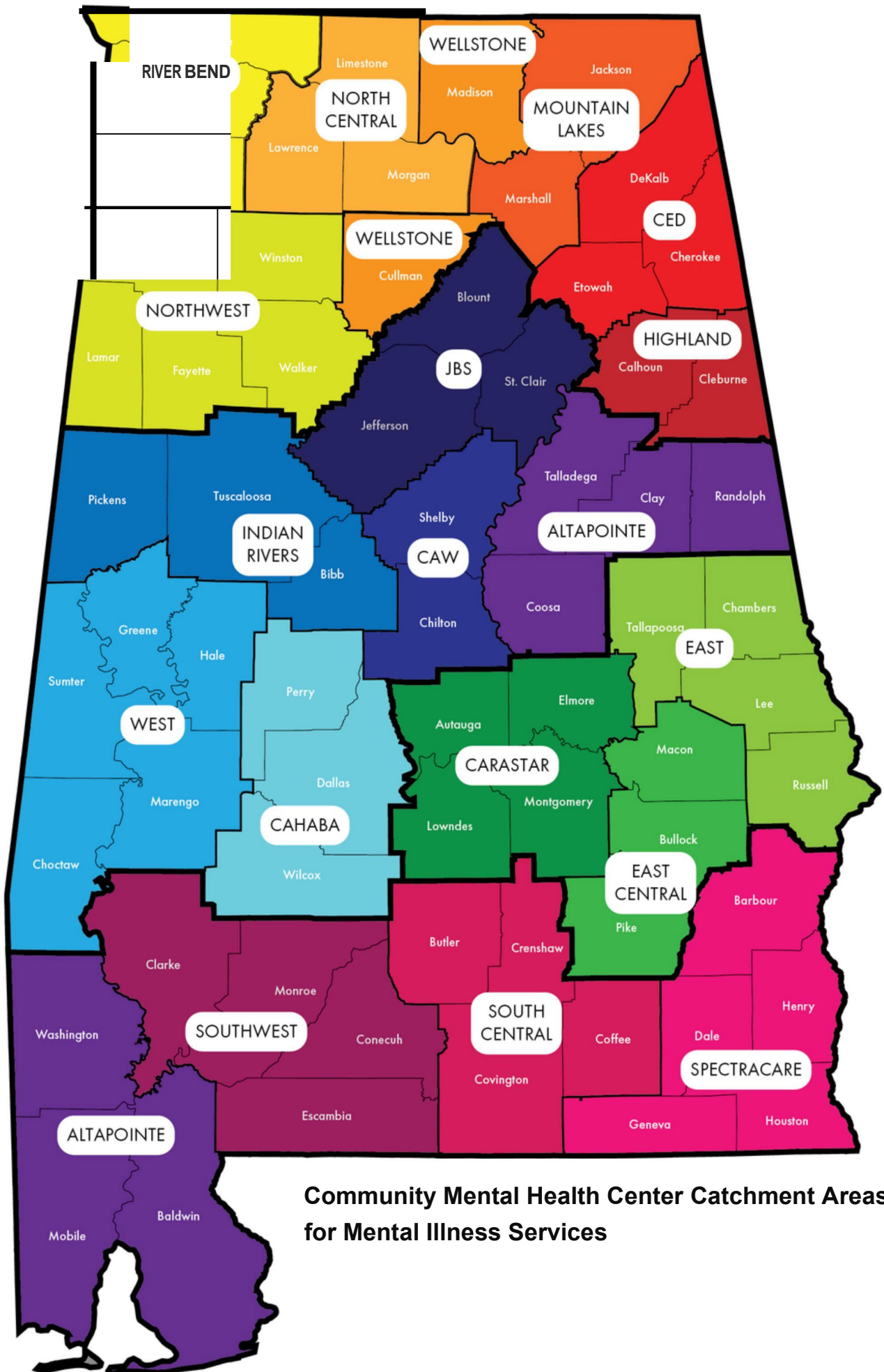


Community Mental Health Centers

The Alabama Department of Mental Health (ADMH) 19 Community Mental Health Center Systems are listed below by 21 catchment areas beginning in the most northwest area moving west to east from north to south.

** duplicate community mental health center system due to multiple catchment areas

1. Riverbend: (Franklin, Colbert, Lauderdale)
2. North Central: (Lawrence, Limestone, Morgan)
3. Wellstone: (Madison)**
4. Mountain Lakes: (Marshall, Jackson)
5. CED: (Etowah, DeKalb, Cherokee)
6. Northwest: (Lamar, Fayette, Walker, Marion, Winston)
7. Wellstone: (Cullman)**
8. JBS: (Jefferson, Blount, St. Clair)
9. Highland: (Calhoun, Cleburne)
10. Indian Rivers: (Pickens, Tuscaloosa, Bibb)
11. CAW: (Shelby, Chilton)
12. AltaPointe Health: (Coosa, Talladega, Clay, Randolph)**
13. West: (Choctaw, Marengo, Sumter, Greene, Hale)
14. Cahaba: (Wilcox, Dallas, Perry)
15. Carastar: (Lowndes, Autauga, Elmore, Montgomery)
16. East Central: (Pike, Bullock, Macon)
17. East: (Russell, Lee, Chambers, Tallapoosa)
18. AltaPointe Health Systems: (Baldwin, Mobile, Washington)**
19. Southwest Alabama Behavioral Health Care Systems: (Clarke, Conecuh, Escambia, Monroe)
20. South Central Alabama Mental Health Center: (Butler, Coffee, Covington, Crenshaw)
21. SpectraCare Health Systems: (Barbour, Dale, Geneva, Henry, Houston)





CMHC's Emergency Contact Numbers

Below you will find emergency contact numbers for after-hours assistance sorted by county for the Community Mental Health Center(s). Contact the provider closest to you.

Autauga: Carasfar Health (formerly MAMHA) 334-567-8408

Baldwin: AltaPointe Health Community Line 251-450-2211

Barbour: SpectraCare Health Systems 800-951-4357 / 334-673-2143

Bibb: Indian Rivers Mental Health Center 205-391-3131

Blount: Eastside Mental Health Center 205-836-7283

Bullock: East Central Alabama Mental Health Center 334-566-3391 / 800-467-1208

Butler: South Central Alabama Mental Health Center 334-222-2523 / 877-530-0002

Calhoun: Highland Health Systems 256-236-3403

Chambers: East Alabama Mental Health Center 334-742-2877 / 800-815-0630

Cherokee: CED Mental Health Center 256-927-3601

Chilton: Central Alabama Wellness 205-755-5933 / 205-651-0077

Choctaw: West Alabama Mental Health Center 800-239-2901

Clarke: Southwest Alabama Behavioral Health Care Systems 800-239-4673

Clay: AltaPointe Health Systems 251-450-2211

Cleburne: Highland Health Systems 256-463-2969

Coffee: South Central Alabama Mental Health Center 334-222-2523 / 877-530-0002

Colbert: Riverbend Center For Mental Health 256-764-3431

Conecuh: Southwest Alabama Behavioral Health Care Systems 800-239-4673

Coosa: AltaPointe Health Systems 251-450-2211

Covington: South Central Alabama Mental Health Center 334-222-2523 / 877-530-0002

Crenshaw: South Central Alabama Mental Health Center 334-222-2523 / 877-530-0002

Cullman: Wellstone Behavioral Health 256-734-4688

Dale: SpectraCare Health Systems 800-951-4357 / 334-673-2143

Dallas: Cahaba Center for Mental Health 800-291-1920

DeKalb: CED Mental Health Center 256-845-4571

Elmore: Carastar Health (formerly MAMHA) 334-567-8408

Escambia: Southwest Alabama Behavioral Health Care Systems 800-239-4673

Etowah: CED Mental Health Center 256.492. 7800

Fayette: Northwest Alabama Mental Health Center 205-302-9000

Franklin: Riverbend Center For Mental Health 256-764-3431

Geneva: SpectraCare Health Systems 800-951-4357 / 334-673-2143

Greene: West Alabama Mental Health Center 800-239-2901

Hale: West Alabama Mental Health Center 800-239-2901

Henry: SpectraCare Health Systems 800-951-4357 / 334-673-2143

Houston: SpectraCare Health Systems 800-951-4357 / 334-673-2143

Jackson: Mountain Lakes Behavioral Healthcare 866-223-2076

Jefferson: Capitol Care South 205-956-2000



CMHC's Emergency Contact Numbers

Jefferson: Choices of Alabama 205-639-1334
Jefferson: Crisis Center 205-263-1701
Jefferson: Eastside Mental Health Center 205-836-7283
Jefferson: Gateway 205-510-2600
Jefferson: Glenwood 205-969-2880
Jefferson: JBS Mental Health Authority 205-595-4555
Jefferson: Piper Place 205-323-7782
Jefferson: UAB Mental Health Center 205-934-4108
Lamar: Northwest Alabama Mental Health Center 205-302-9000
Lauderdale: Riverbend Center For Mental Health 256-764-3431
Lawrence: North Central Mental Health Center 256-355-5904
Lee: East Alabama Mental Health Center 334-742-2877 / 800-815-0630
Limestone: North Central Mental Health Center 256-355-5904
Lowndes: Carastar Health (formerly MAMHA) 334-567-8408
Macon: East Central Alabama Mental Health Center 334-566-3391 / 800-467-1208
Madison: Wellstone Behavioral Health 256-533-1970
Marengo: West Alabama Mental Health Center 800-239-2901
Marion: Northwest Alabama Mental Health Center 205-302-9000
Marshall: Mountain Lakes Behavioral Healthcare 866-223-2076
Mobile: AltaPointe Health Community Line 251-450-2211
Monroe: Southwest Alabama Behavioral Health Care Systems 800-239-4673
Montgomery: Carastar Health (formerly MAMHA) 334-567-8408
Morgan: North Central Mental Health Center 256-355-5904
Perry: Cahaba Center for Mental Health 800-291-1920
Pickens: Indian Rivers Mental Health Center 205-391-3131
Pike: East Central Alabama Mental Health Center 334-566-3391 / 800-467-1208
Randolph: AltaPointe Health Systems 251-450-2211
Russell: East Alabama Mental Health Center 334-742-2877 / 800-815-0630
Shelby: Central Alabama Wellness 205-663-1252 / 205-651-0077
St. Clair: Eastside Mental Health Center 205-836-7283
St. Clair: Restore Health Group 205-472-2700
Sumter: West Alabama Mental Health Center 800-239-2901
Tallapoosa: East Alabama Mental Health Center 334-742-2877 / 800-815-0630
Talladega: AltaPointe Health Systems 251-450-2211
Tuscaloosa: Indian Rivers Mental Health Center 205-391-3131
Walker: Northwest Alabama Mental Health Center 205-302-9000
Washington: AltaPointe Health Community Line 251-450-2211
Wilcox: Cahaba Center for Mental Health 800-291-1920
Winston: Northwest Alabama Mental Health Center 205-302-9000

BY COUNTY



Federally Qualified Health Center (FQHC)

Federally funded nonprofit health centers or clinics that serve medically underserved areas and populations. Federally qualified health centers provide primary care services regardless of your ability to pay. Services are provided on a sliding scale fee based on your ability to pay.

The Federally Qualified Health Centers listed below offer behavioral health services for existing patients. Centers are listed by county.

BALDWIN COUNTY:

North Baldwin Rural Health Center - 251-690-8889
312 Courthouse Sq Bay Minette AL, 36507-4809

BARBOUR COUNTY:

Clayton Family Health Center - 334-775-3235
7 Western Byp Clayton AL, 36016-2013
Eufaula Family Health Center - 334-687-8051
23 Veterans Blvd Eufaula AL, 36027-4444

BIBB COUNTY:

Cahaba Community Center - 205-926-2992
195 Hospital Dr Centreville AL, 35042-2935
Cahaba Medical Care – Brent - 205-928-3492
1984 Main St Brent AL, 35034-3503
Cahaba Medical Care - Brent Elementary School - 205-928-6045
160 4th St Brent AL, 35034-3739
Cahaba Medical Care - Centreville Dental Office - 205-926-4697
260 Walnut St Centreville AL, 35042-2332
Cahaba Medical Care - Centreville Office - 205-926-2992
405 Belcher St Centreville AL, 35042-2946
Cahaba Medical Care - West Blocton - 205-928-3365
319 Magnolia St West Blocton AL, 35184-2378
Cahaba Medical Care - West Blocton Elementary School - 205-928-6046
828 Cahaba River Dr West Blocton AL, 35184
Cahaba Medical Care - Woodstock Office - 205-938-9348
28921 Highway 5 Woodstock AL, 35188-3613

BLOUNT COUNTY:

Blount County Quality Health Care - 205-274-9799
1000 Lincoln Ave Oneonta AL, 35121-2537

CALHOUN COUNTY:

Anniston Quality Health Care - 256-236-0221
1316 Noble St Anniston AL, 36201-4643
Calhoun Quality Health Care - 256-741-9455
601 Leighton Ave Anniston AL, 36207-5743

CHAMBERS COUNTY:

Chambers Quality Health Care - 334-864-8659
34 Veterans Memorial Pkwy Lanett AL, 36863-2840

CHEROKEE COUNTY:

Cherokee Quality Health Care - 256-779-6057
3330 Cedar Bluff Road Centre AL, 35960-2528

CHILTON COUNTY:

Cahaba Medical Care - Maplesville Office - 334-366-4040
9431 AL-22 Maplesville AL, 36750-3264

CHOCTAW COUNTY:

Physicians Care of Butler - 205-278-4315
315 E Pushmataha St Butler AL, 36904-2533

CLARKE COUNTY:

Fulton Family Medical - 334-636-4823
218 Main St Fulton AL, 36446
Physicians Care of Grove Hill - 334-636-5311
127 Clark St Ste C Grove Hill AL, 36451-3050
Physicians Care of Thomasville - 334-636-5311
33621 Highway 43 Thomasville AL, 36784-3310
Physicians Care Thomasville - 334-636-5311
33650 Highway 43 Thomasville AL, 36784-3305
Rural Health Medical Program, Inc. - Thomasville Health Center - 334-609-1970
411 Wilson Ave W Thomasville AL, 36784-2015

CLAY COUNTY:

Clay Quality Health Care - 256-354-2829
40745 Highway 77 Ashland AL, 36251-4807

CLEBURNE COUNTY:

Cleburne Quality Health Care - 256-463-2021
64 Giles St Heflin AL, 36264-1738

COFFEE COUNTY:

Enterprise Children's Center and Family Medicine - 334-393-5437
105 E Watts St Enterprise AL, 36330-2511

CONECUH COUNTY:

Evergreen Family Medical Center - 251-578-2507
316 S Main St Evergreen AL, 36401-3325

COOSA COUNTY:

Accordia Health - Rockford - 256-377-8008
9518 US Highway 231 Rockford AL, 35136-5214

CRENSHAW COUNTY:

Dozier Family Health Center - 334-496-3521
18131 Dozier Hwy Dozier AL, 36028-2719

CULLMAN COUNTY:

Cullman Quality Health Care - 256-775-0230
2016 Main Ave SW Cullman AL, 35055-5239

DALE COUNTY:

Newton Family Health Center - 334-299-3592
193 Oates Dr. Newton AL, 36352-4312

DALLAS COUNTY:

RHMPI Selma Mobile Unit Health Center – 844-736-7629

101 Park Pl Selma AL, 36701-6764

Rural Health Medical Program, Inc. - Dallas County Health Center - 334-877-1490

228 Selma Ave Selma AL, 36701-5825

Rural Health Medical Program, Inc – Selma Health Center & Admin – 334-874-7428 x2

101 Park Pl Selma AL, 36701-6764

DEKALB COUNTY:

Dekalb Quality Health Care – 256-659-2422

12062 AL-227 Geraldine AL, 35974-3562

Northeast Alabama Health Services, Inc. – FYFFE – 256-623-5242

34617 Al Highway 75 Fyffe AL, 35971-3488

ESCAMBIA COUNTY:

Franklin Family Medical Center – 251-434-8188

103 Elliott St Brewton AL, 36426-1336

ETOWAH COUNTY:

Canterberry Family Practice – 256-546-0073

502 N 27th St Gadsden AL, 35904-1580

Gadsden Family and Student Health Solutions – 256-439-6384

1216 Wilbanks Ave Gadsden AL, 35903-2024

J.W. Stewart Neighborhood Health Center – 256-439-6383

1409 Springfield Ave Gadsden AL, 35903-2819

Procure – Colley Homes – 256-546-9907

420 N 6th St Gadsden AL, 35901-3244

Quality Health Express – 256-390-8474

1411 Piedmont Cutoff Gadsden AL, 35903-2708

Quality Health Express II – 256-295-2152

1411 Piedmont Cutoff Gadsden AL, 35903-2708

Quality of Life Health Complex – 256-492-0131

1411 Piedmont Cutoff Gadsden AL, 35903-2708

Roberta O. Watts Medical Center – 256-546-4606

1020 Tuscaloosa Ave Gadsden AL, 35901-3005

Sardis City Medical Center – 256-593-2371

1989 Sardis Dr Boaz AL, 35956-2344

W. T. Scruggs Medical Center – 205-589-6361

4350 Cleveland Ave Altoona AL, 35952

GENEVA COUNTY:

Geneva Family Health Center – 334-684-8905

100 W Lake Professional Park, Ste 3 Geneva AL, 36340-1200

Slocumb Family Health Center – 334-886-3023

162 S Dalton St Slocumb AL, 36375-5669

HENRY COUNTY:

Abbeville Family Health Center – 334-585-1171

615 Ozark Rd Abbeville AL, 36310-2629

HOUSTON COUNTY:

Dothan Family Health Center – 334-446-0076

4300 W Main St STE 300 Dothan AL, 36305-1313

JACKSON COUNTY:

Northeast Alabama Health Services, Inc. – North Sand Mountain – 256-597-4114
 29810 AL Highway 71 Bryant AL, 35958-5240
 Northeast Alabama Health Services, Inc. – Skyline – 256-587-3050
 21680 AL Highway 79 Scottsboro AL, 35768-5904
 Northeast Alabama Health Services, Inc. – Scottsboro – 256-574-5508
 70 Freedom Lane Scottsboro AL, 35769-3763

JEFFERSON COUNTY:

ARMS Northern Health Center 2817 – 205-407-5600
 30th Ave N Birmingham AL, 35207-4541
 Bessemer Neighborhood Health Center – 205-324-6502
 2201 Arlington Ave Bessemer AL, 35020-4299
 Cahaba Medical Care – Ability Clinic – 205-944-3944
 200 Oslo Cir Birmingham AL, 35211
 Cahaba Medical Care – Bessemer – 205-277-2358
 975 9th Ave SW, Ste 310 Bessemer AL, 35022-7839
 Cahaba Medical Care – Birmingham Dental Office – 205-545-7696
 623 8th Ave W Birmingham AL, 35204-3604
 Cahaba Medical Care – Birmingham Southern – 205-440-1432
 900 Arkadelphia Rd Birmingham AL, 35254
 Cahaba Medical Care – CJ Donald Elementary – 205-791-5045
 715 Valley Rd Fairfield AL, 35064-2666
 Cahaba Medical Care – Ensley Office – 205-788-5164
 1925 Avenue E Birmingham AL, 35218-1619
 Cahaba Medical Care – Fairfield – 205-791-5048
 6900 Grasselli Rd Fairfield AL, 35064-2423
 Cahaba Medical Care – Fairfield High Preparatory School – 205-791-5045
 610 Valley Rd Fairfield AL, 35064-2232
 Cahaba Medical Care – Glen Oaks Elementary – 205-791-5032
 1301 Highland Dr Fairfield AL, 35064-1643
 Cahaba Medical Care – Hemphill Elementary – 205-791-5024
 714 12th St SW Birmingham AL, 35211-1982
 Cahaba Medical Care – Hope Health – 205-785-1353
 4614 Carnegie Ave Fairfield AL, 35064-1430
 Cahaba Medical Care – Princeton – 205-928-8430
 801 Princeton Ave SW, Ste 505 Birmingham AL, 35211-1308
 Cahaba Medical Care – Robinson Elementary – 205-791-5067
 301 61st St Fairfield AL, 35064-1900
 Cahaba Medical Care – West End Office – 205-679-6325
 1308 Tuscaloosa Ave SW Birmingham AL, 35211-1948
 Cahaba Medical Care – Woodland Park – 877-926-2992
 873 Dennison Ave SW STE 102 Birmingham AL, 35211-3867
 Christ Health Center, Inc. – Live Oaks – 205-972-0264
 5804 1st Ave S Birmingham AL, 35212-2524
 Metro Health Center – 205-407-6900
 712 25th St N Birmingham AL, 35203-2400
 Mobile Health Unit – 205-407-6900
 712 25th St N Birmingham AL, 35203-2400

MACON COUNTY:

Tuskegee Quality Health Care - 334-727-7211
1201 Notasulga Rd Tuskegee AL, 36083-7131

MADISON COUNTY:

Behavioral Health-DEN plus Admin Church Street - 256-536-4700
415 Church St NW Huntsville AL, 35801-5573
HAPPI Health - 256-519-3650
813 813 Franklin St SE Huntsville AL, 35801-4311
HAPPI Health-St. Clair - 256-519-3650
115 Saint Clair Ave SE Huntsville AL, 35801-4344
Huntsville Family Health Center - 256-533-6311
751 Pleasant Row NW Huntsville AL, 35816-2537
Mobile Health Clinic - 256-533-6311
751 Pleasant Row NW Huntsville AL, 35816-2537
Thrive Behavioral Health - Church Street - 256-536-4700
451 Church St NW Huntsville AL, 35801-5547

MARENGO COUNTY:

Rural Health Medical Program, Inc. - Demopolis Health Center - 334-289-1193
1502 US Highway 80 E Demopolis AL, 36732-2200
Rural Health Medical Program, Inc. - Thomaston Health Center - 334-627-3497
111 Main St Thomaston AL, 36783-3137

MARSHALL COUNTY:

Douglas Medical Center - 256-593-3804
8225 AL Highway 75 Horton AL, 35980-8473

MOBILE COUNTY:

Accordia Health – AOP - 251-305-4660
2400 Gordon Smith Dr Mobile AL, 36617-2319
Accordia Health - Bayou - 251-824-8320
13833 Tapia Ave Bayou La Batre AL, 36509-2515
Accordia Health – COP - 251-450-2240
2419 Gordon Smith Dr Mobile AL, 36617-2318
Accordia Health – ZOP - 251-776-1930
7280 Sellers Ln Mobile AL, 36608-4646
Accordia Pediatrics and Pediatric Psychiatry - 251-660-3490
6908 Providence Park Dr S Mobile AL, 36695-4600
AltaPointe Health Systems, Inc. - 251-450-5901
5750A Southland Dr Mobile AL, 36693-3316
Bayou La Batre Area Health Development B - 251-824-2174
12701 Padgett Switch Rd Irvington AL, 36544-4011
Citronelle Health Center - 251-866-9126
19250 N Mobile St Citronelle AL, 36522-2122
Dauphin Island Parkway Health Center - 251-445-3450
2601 Dauphin Island Pkwy Mobile AL, 36605-3472
Eight Mile Health Center - 251-456-1399
4009 Saint Stephens Rd Mobile AL, 36612-1231
Family Oriented Primary Health Care Clinic - Downtown Health Center - 251-690-8158
251 N Bayou St Mobile AL, 36603-5827

MOBILE COUNTY – CONT'D:

Franklin Medical and Dental Express – 251-432-4117
 1303 Dr Martin L King Jr Ave Mobile AL, 36603-5341

Franklin Medical Mall – 251-432-4117
 1303 Dr Martin L King Jr Ave Mobile AL, 36603-5341

Mobile Medical Unit I – 251-690-8823
 251 N Bayou St Mobile AL, 36603-5827

Mobile Medical Unit II – 251-690-8823
 251 N Bayou St Mobile AL, 36603-5827

Mostellar Medical Center – 251-824-2174
 12701 Padgett Switch Rd STE A Irvington AL, 36544-4011

North Mobile Health Center – 251-829-9884
 950 W Coy Smith Hwy Mount Vernon AL, 36560-3201

Semmes Health Center – 251-445-0582
 3810 Wulff Rd E Semmes AL, 36575-5256

Southwest Mobile Health Center – 251-666-7413
 5580 Inn Rd Mobile AL, 36619-1904

Women's Health Center – 251-690-8935
 248 Cox St Mobile AL, 36604-3303

MONROE COUNTY:

Rural Health Medical Program, Inc. – Monroeville Health Center – 251-302-2625
 3040 S Alabama Ave Monroeville AL, 6460-5600

MONTGOMERY COUNTY:

River Region Health Center – 334-420-5001
 1845 Cherry St Montgomery AL, 36107-2613

River Region Mobile Unit – 334-303-2172
 1845 Cherry St Montgomery AL, 36107-2613

PERRY COUNTY:

Cahaba Medical Care – Marion Office – 334-247-1006
 1303 Washington St Marion AL, 36756-3217

Rural Health Medical Program, Inc. – Marion Health Center – 334-683-2073
 1310 Washington St Marion AL, 36756-3218

Uniontown Health Center – 334-628-2651
 330 Old Hamburg Rd Uniontown AL, 36786-2614

PIKE COUNTY:

SE Alabama Rural Health Associates – 334-670-6726
 1414 Elba Hwy Troy AL, 36079-6020

SARHA Doctors Center – 334-566-8822
 1412 Elba Hwy Troy AL, 36079-6020

SARHA Mobile Health Center – 334-566-8822
 1412 Elba Hwy Troy AL, 36079-6020

RANDOLPH COUNTY:

Wadley Cornerstone Clinic – 256-395-4157
 203 Tallapoosa St Wadley AL, 36276-4215

RUSSELL COUNTY:

Susie E. Allen Health Center – 334-560-5393
 1502 11th Ave Phenix City AL, 36867-4905

SHELBY COUNTY:

Cahaba Medical Care - Alabaster - 205-679-6326
 1010 1st St N STE 350 Alabaster AL, 35007-8619
 Montevallo Family Health Center - 205-851-2010
 33 Salem Rd STE 2 Montevallo AL, 35115-3586

TALLADEGA COUNTY:

Talladega Quality Health Care - 256-315-1697
 110 Spring St. N Talladega AL, 35160-2040

TUSCALOOSA COUNTY:

Maude L. Whatley Health Center - 205-758-6647
 2731 M L King Jr Blvd Tuscaloosa AL, 35401-5235
 Mobile Health Unit - 205-349-3250
 2731 M L King Jr Blvd Tuscaloosa AL, 35401-5235

WALKER COUNTY:

Capstone-Parrish - 205-686-5113
 5947 Highway 269 Parrish AL, 35580-3847
 Capstone-Summit - 205-686-5113
 1351 Summit Jasper AL, 35501-0114
 Capstone-Temporary Administration Office - 205-686-5113
 312 18th St W Jasper AL, 35501
 Capstone Viking Health - 205-832-3489
 1501 Viking Dr Jasper AL, 35501-4942
 Capstone-West Jasper - 205-686-5113
 1400 19th St W Jasper AL, 35501-5171

WASHINGTON COUNTY:

Southwest Alabama Health Service - 251-944-2842
 7777 Highway 43 McIntosh AL, 36553-6621

WILCOX COUNTY:

Cahaba Medical Care - Camden - 334-682-4128
 321 Whiskey Run Road Camden AL, 36726-2303
 Physicians Care of Camden - 334-882-1919
 24B Camden Byp Camden AL, 36726-1770
 Rural Health Medical Program, Inc. - Pine Apple Health Center - 251-746-2197
 867 County Road 59 Pine Apple AL, 36768-3525
 Rural Health Medical Program, Inc. - Yellow Bluff - Camden Health Center - 334-682-5772
 2210 Highway 221 Camden AL, 36726-4233



SUICIDE

Prevention, Intervention & Postvention Resources

Note: Resources change on a regular basis; current at date of publish.

Individuals and entities named in this document stand on their own merits.

No endorsement is made of the quality, accuracy, or reputation of those named nor that which is claimed.

AUTAUGA COUNTY:

Baptist Health – Baptist Behavioral Health Partners – 334-747-2273

4371 Narrow Lane Road Montgomery, AL 36116

- Open 24 Hours
- All insurances accepted
- Child and Adolescent Behavioral Health Inpatient Unit specializing in psychiatric disorders/ illness

Butterfly Bridge - 334-356-3632

1807 Station Dr. Suite D, Prattville, AL 36066

- No fee
- Children’s Advocacy Counseling Center, Play Therapy available

Carastar - 334-279-7830 Crisis 24/7: 800-408-4197

461 East Main Street, Prattville, AL 36067

- Outpatient: M – F – 8 a.m. – 4:30 p.m. (closed during lunch)
- Crisis Services available: 24/7
- Sliding fee scale; Accepts most insurances
- Provides a continuum of mental health services

Family Support Center – 334-361-4703

113 W Main Street, Prattville, AL 36067

- FREE
- Resource Center with a mission to improve the quality of life for children and families in the River Region through education, advocacy, and employment. QPR Training also offered.

NAMI - 334-221-4376

- FREE
- Support, educational materials, advocacy, etc.

Prattville Baptist Hospital – 334-365-0651

124 S. Memorial Drive, Prattville, AL 36067

- 24 Hours
- All insurances accepted
- Medical and emergency services

BALDWIN COUNTY:

AltaPointe - 251-450-2211

Locations in Fairhope, Foley, and Bay Minette

- Outpatient: M – F – 8:00 a.m. – 4:30 p.m. Crisis Services available: 24/7
- Sliding fee scale; Accepts most insurances
- Community Mental Health Continuum: Counseling, Psychiatry, School-based therapy, Intensive services, Mobile crisis services

(AltaPointe) Psychiatric Hospitals: EastPointe and BayPointe - 251-450-2211

EastPointe: 7400 Roper Lane, Daphne, AL 36526

BayPointe: 5800 Southland Drive, Mobile, AL 36693

- Crisis Services available: 24/7
- Sliding fee scale; Accepts most insurances
- AltaPointe's Acute Psychiatric Facilities

Baldwin Child Advocacy Center - 251-989-2555

Locations in Summerdale and Bay Minette

- No fee
- Forensic interviews, Multidisciplinary team, Counseling, Family Advocacy, Medical Services, Court School, Prevention education, Reporting abuse concerns

Gulf Coast Family Services - 251-202-3887

6475 Spanish Fort Blvd Ste E, Spanish Fort, AL 36527

- Mon. – Thur. 9:00 a.m. – 5:00 p.m.
- Counseling (Parenting, Life skills, CBT), ADHD Testing, Autism Testing, Resources <https://gc.family>

NAMI Baldwin County - 251-279-0573 - 800-950-6264 - Crisis line: 988

915 N Pine Street, Foley, AL 36535

- NAMI HelpLine (M – F 10 a.m. – 10 p.m.)
- FREE
- NAMI Baldwin County serves residents across our counties with free mental health support, online groups, resources and education.

North Baldwin Infirmary - 251-937-5521

1815 Hand Avenue, Bay Minette, AL 36507

- 24 Hours
- All insurances accepted
- Medical and emergency services

South Baldwin Regional Medical Center - 251-949-3400

1613 N McKenzie Street, Foley, AL 36535

- 24 Hours
- All insurances accepted
- Medical and emergency services

Thomas Hospital - 251-928-2375

750 Morphy Avenue, Fairhope, AL 36532

- 24 Hours
- All insurances accepted
- Medical and emergency services

BARBOUR COUNTY:

29

Beacon of Hope - 334-477-4686

136 W Washington Ave, Eufaula, AL 36027

- Most insurances accepted, including Medicaid. Private pay contracts are also available.
- Applied Behavior Analysis services for individuals with Autism.

Pike Regional Child Advocacy Center - 334-670-0487

118 W Orange Street, Troy, AL 36081

- Mon - Fri business hours
- No fee
- Mission: To promote the multi-disciplinary process in fostering an abuse-free society for Alabama's children and support the development of the Children's Advocacy Center (CAC) model through public awareness, training and collaborative partnerships.

Medical Center Barbour - 334-688-7000

820 W. Washington Street, Eufaula, AL 36027

- 24 Hours
- All insurances accepted
- Medical and emergency services

Spectracare - 800-951-4357

- Business hours and afterhours services
- Sliding fee scale. Accepts most insurances
- Outpatient, Residential, Crisis Mental Health services for children, adolescents, adults

BIBB COUNTY:

Bibb Medical Center - 205-926-4882

208 Pierson Avenue, Centreville, AL 35042

- Open 24 Hours
- All insurances accepted
- Medical and emergency services

Central Alabama Regional Child Advocacy Center - 334-875-0890

- Mon-Fri business hours
- No fee
- Mission: further reduce trauma to child victims through coordinating a timely, comprehensive and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse.

Indian Rivers Behavioral Health - 205-391-3131

2439 Main Street, Brent, AL 35034

- Mon-Thur 7:30a.m. - 5:00 p.m., Fri 8:00 a.m. - 12:00 p.m., 24 hour crisis services
- Sliding fee scale; Accepts most insurances
- Offers a rich continuum of care for mental illness, substance abuse, and developmental disabilities.

The Compassionate Friends - 205-316-1281

138 Court Square East, Centreville, AL 35042

- Meetings 1st Monday of each month at 6:00 p.m.
- No fee
- Grief support for parents and families who have experienced the loss of a child

BLOUNT COUNTY:

Ascension St. Vincent's Blount Hospital – 205-274-3000
150 Gilbreath Drive, Oneonta, AL 35121

- Open 24 hours
- All insurances accepted
- Medical and emergency services

Blount County Children's Center – 205-274-7226
106 First Avenue West, Oneonta, AL 35121

- Mon-Fri – 8 a.m. – 4:30 p.m.
- No fee
- Assistance with reporting child abuse, counseling victims of abuse, abuse education and prevention

Eastside Mental Health Center – 205-625-3882
1002 2nd Avenue E, Oneonta, AL 35121

- Mon – Fri – 8 a.m. – 5 p.m./24 hour crisis services
- Fee based on income. Most insurances accepted.
- Outpatient psychiatric care, emergency psychiatric care, day treatment, mental health consultations

Jefferson, Blount, St. Claire Mental Health Clinic/Western Mental Health Clinic
205-595-4555 – 7096 2nd Avenue W, Oneonta, AL 35121

- Mon-Fri business hours, 24-hour crisis services
- Sliding fee scale. Accepts most insurances
- Individualized mental health services to children, youth, and adults – outpatient, crisis services

BULLOCK COUNTY:

Bullock County Hospital – 334-738-2140
102 Conecuh Avenue W, Union Springs, AL 36089

- Open 24 hours
- All insurances accepted
- Medical and emergency services

East Central Mental Health – 334-566-6681/ Crisis Line: 334-566-3391
200 Cherry Street, Troy, AL 36081

- Mon – Fri – 8 a.m. to 5 p.m., 24 hour crisis services
- Sliding fee scale. Most insurance accepted
- Outpatient mental health services, case management, crisis services offered to children and adults.

Pike Regional Child Advocacy Center – 334-670-0487
118 W Orange Street, Troy, AL 36081

- Mon-Fri business hours
- No fee
- Mission: To promote the multi-disciplinary process in fostering an abuse-free society for Alabama's children and support the development of the Children's Advocacy Center (CAC) model through public awareness, training and collaborative partnerships.

BUTLER COUNTY:

31

Parents Supporting Student's Mental Health

- <https://www.butlerco.k12.al.us/departments/mental-health-services/parents-supporting-students-mental-health>
- 24 hours - website resource
- No fee; Information for district mental health collaboration, grief support, treatment centers, special services, etc.

Regional Medical Center of Central Alabama - 334-382-2671

29 L. V. Stabler Drive, Greenville, AL

- Open 24 hours
- All insurance accepted
- Medical and emergency services

Safe Harbor Butler Children's Advocacy Center - 334-382-8584

107 Caldwell Street, Greenville, AL 36037

- Mon - Fri 8:30 a.m. - 3:30 p.m.
- No fee; CAC establishes a safe, child-friendly environment for fact-finding interviews, medical evaluations, and therapy services for children and offers continued support through advocacy. CAC also promotes specialized training for professionals, public education, and prevention efforts.

South Central Alabama Mental Health Center - 334-222-2523/ 877-530-0002

19815 Bay Branch Road, Andalusia, AL 36420

- Mon - Fri - 8 a.m. - 5 p.m./24 hour crisis services
- Sliding fee scale. Most insurance accepted
- Comprehensive Behavioral Health Services

CALHOUN COUNTY:

Calhoun Cleburne Children's Center - 256-238-0902

2100 Leighton Avenue, Anniston, AL 36207

- Mon - Fri - 8 a.m. - 5 p.m.
- No fee; The center provides forensic interviews, extended forensic interviews, formerly known as forensic evaluations, counseling, and victim's advocacy to children and adolescent victims of physical abuse, neglect, and sexual abuse.

Children's Services of Northeast Alabama - 256-236-3434

1400 Noble Street, Anniston, AL 36201

- Serving children in Northeast Alabama ages 6 through 18, who, through Alabama DHR, are seeking placement in a long or short term basic care facility and providing children, exposed to abuse and neglect, the care and committed sense of family they deserve in the safety and security of a house they consider home; and to ensure children in licensed day care facilities receive the nutrition and support necessary to prepare them for educational success.

UCP of East Central Alabama - 256-237-8203

415 Castle Avenue, Anniston, AL 36205

- Mon - Fri
- Dedicated to serving individuals, age birth to adulthood, with developmental and physical disabilities, including autism, cerebral palsy, down syndrome, spina bifida, or any other identified delay of 25% or more.

CHILTON COUNTY:

Butterfly Bridge – Child Advocacy – 205-755-4205

P.O Box 588, Clanton, AL 35046

- Mon – Fri Business hours
- No fee
- Children’s Advocacy/Counseling Center

Central Alabama Wellness – 205-651-0077

151 Hamilton Lane, Calera, AL 35040

- Mon – Fri Business Hours
- Sliding fee scale. Most insurance accepted
- Mental health services for children, adolescents, and adults.

St. Vincent's Chilton Emergency Department – 205-258-4400

2030 Lay Dam Road, Clanton, AL 35045

- Open 24 hours
- All insurances accepted
- Medical and emergency services

CHOCTAW COUNTY:

Choctaw General Hospital – 205-459-9100

401 Vanity Fair Avenue, Butler, AL 36904

- Open 24 hours
- All insurances accepted
- Medical and emergency services

West Alabama Mental Health Center – 1-800-239-2901

401 Rogers Street, Butler, AL 36904

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Most insurance accepted
- Child, adolescent, and adult services for mental illness, intellectual disabilities, substance use, and support.

CLARKE COUNTY:

Tombigbee Outreach – 334-289-4000

1100 S Cedar Avenue, Demopolis, AL 36732

- Mon – Fri 8 a.m. – 4:30 p.m.
- Insurance accepted, cash, check, credit cards
- Outpatient behavioral health center offering counseling and mental health treatment for various psychiatric illnesses located in Demopolis

CLAY COUNTY:

AltaPointe Health Systems – 256-279-5656

83900 AL-9, Ashland, AL 36521

- Mon – Fri – 8 a.m. – 5 p.m.
- Accepts most insurances, financial assistance/reduced schedule fee available
- Provides a continuum of services for persons with intellectual disabilities, serious mental illness and substance abuse

CLAY COUNTY (CONT.):

Health Services Center, Inc – 256-354-2829

40745 AL-77, Ashland, AL 36521

- Mon – Thu – 8 a.m. – 5 p.m.
- Fee based on income. Most insurances accepted.
- Psychiatric evaluation and treatment, individual and family counseling and group therapy

Regional Medical Center – 256-354-2131

83825 AL-9, Ashland, AL 36251

- 24/7
- Accepts most insurances
- Hospital located in Clay County

UCP of East Central Alabama – 256-237-8203

415 Castle Avenue, Anniston, AL 36205

- Mon-Fri Business hours
- Dedicated to serving individuals, age birth to adulthood, with developmental and physical disabilities, including autism, cerebral palsy, down syndrome, spina bifida, or any other identified delay of 25% or more.

CHEROKEE COUNTY:

Cleburne Medical Clinic – 256-463-7454

40 Giles Street, Heflin, AL 36264

- Mon – Fri – 9 a.m. – 5 p.m.

Heflin Rural Health Clinic – 256-463-2601

938 Ross Street, Heflin, AL

- Mon – Thurs – 9 a.m. – 4:30 p.m.

Highland Health Systems – 256-236-3403, After Hours/Emergency 256-463-2969

331 E 8th St, Anniston, AL 36207

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Some insurance accepted
- Comprehensive mental health service and mentally challenged services.
- Substance abuse services, adults, adolescents, and children.

HOUSE Counseling/Anjuli Thompson – 256-342-6107

324 Snow Street Oxford, AL 36203

- Mon – Fri – 9 a.m. – 5 p.m.
- Counseling, Assessments, APOSTC New Hire Evaluations, EMDR, Play Therapy, and Consultation.

UCP of East Central Alabama – 256-237-8203

415 Castle Avenue, Anniston, AL 36205

- Mon-Fri Business hours
- Dedicated to serving individuals, age birth to adulthood, with developmental and physical disabilities, including autism, cerebral palsy, down syndrome, spina bifida, or any other identified delay of 25% or more.

COFFEE COUNTY:

Pike Regional Child Advocacy Center – 334-670-0487

118 W Orange Street, Troy, AL 36081

- Mon-Fri business hours
- No fee; Mission: To promote the multi-disciplinary process in fostering an abuse-free society for Alabama's children and support the development of the Children's Advocacy Center (CAC) model through public awareness, training and collaborative partnerships.

South Central AL Mental Health – 334-222-2523; After Hours/Emergency 1-877-530-0002 – 19825 Bay Branch Road, Andalusia, AL 36420

- After Hours Emergency Assistance
- Accepts all types of insurance; discounted fee schedule available
- comprehensive community mental health center providing mental health, developmental disabilities, and substance use services

COLBERT COUNTY:

Riverbend Center for Mental Health – 256-764-3431

635 W College Street, Florence, AL 35630

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Accepts some private insurances
- Residential and outpatient treatment of mental illness, substance abuse, and emotional conditions for adults and children.

Shoals Hospital – 256-386-1600

201 W Avalon Ave., Muscle Shoals, AL 35661

- 24/7
- Accepts most insurances; Hospital with a psychiatric unit

CONECUH COUNTY:

Southwest Alabama Behavioral Health Care Systems – 1-800-239-4673

- After Hours Emergency Assistance

Southwest Alabama Mental Health – 251-578-4545

220 Magnolia Ave., Evergreen, AL 36401

- 7 a.m. – 5 p.m.
- Mental Illness outpatient – Adults and Children, Case Management – Adult and Children, Emergency Crisis Services, Rehabilitative Day Treatment Services, Mental Illness Adult In-home Services, Residential Services, Compass School, substance Abuse – Adults Intensive Outpatient, Intellectual Disabilities Services, Consultation and Education, administrative and support Services

COOSA COUNTY:

AltaPointe Health Systems – 256-245-2201

1661 Old Birmingham Hwy, Sylacauga, AL 35150

- Mon – Fri 8 a.m. – 4:30 p.m.
- Sliding fee scale; accepts most insurances
- Outpatient mental and behavioral services for adults and children.

Coosa Valley Medical Center – 256-401-4000

315 Hickory Street, Sylacauga, AL 35150

- 24/7
- Accepts most insurances; Hospital with a geriatric mental health unit

COVINGTON COUNTY:

South Central AL Mental Health - 334-222-2523 After Hours Emergency - 877-530-0002
- 19815 Bay Branch Road, Andalusia, AL 36420

- 8 a.m. – 5 p.m.
- SCAMHC serves all individuals regardless of inability to pay. Discounts for essential services are offered based on family size and income.
- Administrative services, Prevention services, developmental disabilities services, substance abuse services, supportive housing services, Crisis residential home, Adult Specialized Behavioral Group Home, Small adult Capacity 3 bed group home services, Adult in-home intervention services, Rehabilitative Day treatment services, emergency/Crisis, Outpatient services, and case management services – adult and children

CRENSHAW COUNTY:

South Central AL Crenshaw County Mental Health Clinic - 334-335-5201 After Hours Emergency Help Line 877-530-0002 - 587 Bently Ave., Luverne, AL 36049

- Sliding scale
- Case management, couples therapy, crisis intervention, group therapy, individual therapy, suicide prevention, court ordered outpatient, illness management and recovery

CULLMAN COUNTY:

Cullman Regional Hospice (Hospice of Cullman County) - 256-734-4688
1938 AL 157 #102, Cullman, AL 35058

Mon – Fri – 8 a.m. – 4:30 p.m.

- No Fee
- Bereavement counseling and support groups

Family Services Center - 256-551-1610

95 Co Rd 1153, Cullman, AL 35057

Mon – Thu – 8 a.m. – 5:30 p.m.

- Fee based on income.
- Offers affordable and group individual counseling for a wide range of situations. Sessions are now offered virtually.

National Alliance on Mentally Illness (NAMI) - Helpline 800-950-6264

Text "helpline: to 62640

- Mon – Fri – 10 a.m. – 10 p.m.
- No fee
- Provides support, education and advocacy to the mentally ill and their loves ones.

Wellstone Behavioral Healthcare - 256-927-3132

After Hours Emergency: 256-734-4688 - 1909 Commerce Ave, Cullman, AL 35055

- Mon – Fri – 8 a.m. – 5 p.m.
- Fee based on income. Most insurances accepted.
- Comprehensive behavioral healthcare provider

DALE COUNTY:

Spectracare – Dale County Clinic and Day Treatment – 800-951-4357 and Primary Intake 334-794-0731 After Hours Emergency Assistance: 800-951-4357

134 Katherine Ave., Ozark, AL 36360

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding scale accepts Medicare Medicaid, and TriCare
- Assertive Community Treatment, Case Management, Couples Therapy, Crisis Intervention Team, diet and Exercise Counseling, Family, Individual and Group Therapy, Psychiatric Emergency walk-Ins, Psychosocial Rehabilitation Services, Supportive housing, Suicide Prevention Services, Court ordered outpatient treatment, Illness management and recovery,

DALLAS COUNTY:

Cahaba Center for Mental Health – 334-875-2100 After Hours Emergency Assistance: 1-800-291-1920 – 1017 Medical Center Parkway, Selma, AL 36701

- Mon – Thurs – 7:30 a.m. – 4:30 p.m.; Fri – 7:30 a.m. – 11:30 a.m.; After Hours Emergency Assistance
- Outpatient services, adult day programs, in-home interventions, residential programs, early intervention services, developmental disability services, court referral programs

Central Alabama Regional Child Advocacy Center – 334-875-0890

- Mon-Fri
- No fee; Mission: further reduce trauma to child victims through coordinating a timely, comprehensive and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse.

Dallas County Health Department – 334-874-2550

100 Samuel O. Moseley Drive, Selma, AL 36701

- Mon – Fri – 7:30 a.m. – 5 p.m.
- Offers clinical, home health, and environmental services to the public

DEKALB COUNTY:

CED Mental Health Center – 256-492-7800

425 5th Ave NW, Attalla, AL 35954

- Mon 8:30 a.m. – 5 p.m.; Tues, Thurs, Fri 8 a.m. – 5 p.m.; Sat – Sun 8 a.m. – 2 p.m.

Mountain View Hospital – 256-546-9265

3001 Scenic Hwy, Gadsden, AL 35904

- 24/7
- Accepts most insurances
- Child and adolescent residential and outpatient mental health services

North Alabama Family Services – 256-638-9778

581 County Road 247, Fyffe, AL 35971

ELMORE COUNTY:

Carastar Health/Montgomery Mental Health Authority – Elmore County – 334-567-8408; After Hours Emergency Assistance – 8721 US Hwy 231, Wetumpka, AL 36092

- Mon – Fri 8 a.m. – 12 p.m.; 1 p.m. – 4:30 p.m.
- Sliding fee scale; accepts most insurances
- Mental Health Center

ESCAMBIA COUNTY:

Southwest AL Mental Health – 251-867-3242 After-hours/Emergency – 800-239-4673
1321 McMillan Avenue., Brewton, AL 36426

- 8 a.m. – 12 p.m. and 1 – 5 p.m. Mon. – Fri.; After-hours emergency assistance available
- Mental Illness outpatient – Adults and Children, Case Management – Adult and Children, Emergency Crisis Services, Rehabilitative Day Treatment Services, Mental Illness Adult In-home Services, Residential Services, Compass School, substance Abuse – Adults Intensive Outpatient, Intellectual Disabilities Services, Consultation and Education, administrative and support services

ETOWAH COUNTY:

CED Mental Health Center – 256-492-7800

425 5th Avenue, NW Attalla, AL 35954

- Mon 8:30 a.m. – 5 p.m.; Tues, Thurs, Fri 8 a.m. – 5 p.m.; Sat – Sun 8 a.m. – 12 p.m.
- Fee based on income. Most insurances accepted.
- Outpatient treatment and counseling services

Gadsden Regional Medical Center – 256-494-4000

1007 Goodyear Avenue, Gadsden, AL 35903

- 24/7
- Accepts most insurances
- Hospital with inpatient and outpatient mental health services

Health Services Center, Inc – 256-492-9197

1125 Goodyear Avenue, Gadsden, AL 35903

- Mon – Thu – 8 a.m. – 5 p.m.
- Fee based on income. Most insurances accepted.
- Psychiatric evaluation and treatment, individual and family counseling and group therapy

Family Success Center – 256-547-6888

821 East Broad Street, Gadsden, AL 35903

- Mon- Thu – 8 a.m. – 4 p.m.; Fri 8 a.m. – 12 p.m.
- No fee
- Provides counseling to all ages

Mountain View Hospital – 800-245-3645

3001 Scenic Hwy, Gadsden, AL 35904

- 24/7
- Accepts most insurances
- Child and adolescent residential and outpatient mental health services; 24/7 Crisis line

Rapha Treatment Center – 256-538-7458

677 West Covington Avenue, Attalla, AL 35954

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Most insurance companies accepted; do not take Medicare/Medicaid but have competitive self-pay rates
- Non-profit outpatient mental health and chemical dependency treatment program in a biblical atmosphere.

ETOWAH COUNTY (CONT.):

Shepard's Cove Hospice – 256-891-7724
408 Martling Road, Albertville, AL 35951

- 24/7
- No fee
- Bereavement counseling and support groups

SouthernCare New Beacon, Inc – 256-546-5566
412 South 5th Street, Gadsden, AL 35901

- 24/7
- No fee
- Provides bereavement counseling and support groups

FAYETTE COUNTY:

Northport Medical Center – 205-333-4500
2700 Hospital Drive, Northport, AL 35476

- 24/7
- Accepts most insurances
- Hospital with a psychiatric unit

FRANKLIN COUNTY:

Riverbend Center for Mental Health – Florence – 256-764-3431
635 W College Street, Florence, AL 35630

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Accepts some private insurances
- Residential and outpatient treatment of mental illness, substance abuse, and emotional conditions for adults and children.

Riverbend Center for Mental Health – Russellville – 256-332-3971
205 S Jackson Ave, Russellville, AL 35645

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Accepts some private insurances
- Residential and outpatient treatment of mental illness, substance abuse, and emotional conditions for adults and children.

GENEVA COUNTY:

Spectracare Outpatient Clinic – 334-684-9615; After Hours Emergency Assistance
1-800-951-4357 – 1203 W. Maple Ave, Geneva, AL 36340

- Mon- Fri – 8 a.m. – 5 p.m.; After Hours Emergency Assistance
- Most major insurances accepted financial assistance is available if eligible
- Behavioral health services, outpatient and residential treatment, child and adolescent services

GREENE COUNTY:

Greene County Counseling Center (part of West Alabama Mental Health Center)
205-372-3106; After Hours Emergency Assistance 1-800-239-2901
301 Prairie Avenue, Eutaw, AL 35462

- Mon- Fri – 8 a.m. – 5 p.m.
- Accepts all types of insurance
- Outpatient, residential, rehabilitative day program, emergency services, child and adolescent services, mobile access for children's services,

GREENE COUNTY (CONT.):

Greene County Health Department – 205-372-9361
412 Morrow Avenue, Eutaw, AL 35462

- Mon – Fri – 7:30 a.m. – 5 p.m.
- Offers clinical, home health, and environmental services to the public

Greene County Hospital – 205-372-3388
509 Wilson Avenue, Eutaw, AL 35462

- After Hours Emergency 24/7

HALE COUNTY:

Central Alabama Regional Child Advocacy Center – 334-875-0890

- Mon – Fri business hours
- No fee
- Mission: further reduce trauma to child victims through coordinating a timely, comprehensive and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse.

Hale County Counseling Center (part of West Alabama Mental Health Center) – 334-624-4905; After Hours Emergency Assistance 1-800-239-2901
401 1st Street, Greensboro, AL 36744

- Mon – Fri – 8 a.m. – 5 p.m.
- Accepts all types of insurance
- Outpatient, residential, rehabilitative day program, emergency services, child and adolescent services, mobile access for children's services,

Hale County Hospital – 334-624-3024
508 Greene Street, Greensboro, AL 36744

- 24/7

Hale County LifeSkills Center (part of West Alabama Mental Health Center) – 334-624-9229; 334-624-9239; After Hours Emergency Assistance 1-800-239-2901
1102 Centerville St, Greensboro, AL 36744

- Mon – Fri – 8 a.m. – 5 p.m.
- Accepts all types of insurance
- Outpatient, residential, rehabilitative day program, emergency services, child and adolescent services, mobile access for children's services,

Moundville Specialized Medical Home (part of West Alabama Mental Health Center) – 205-371-2756; After Hours Emergency Assistance 1-800-239-2901
275 2nd Ave, Moundville, AL 35474

- Accepts all types of insurance
- Outpatient, residential, rehabilitative day program, emergency services, child and adolescent services, mobile access for children's services,

West Alabama Mental Health Center – 1-800-239-2901
401 Rogers Street, Butler, AL 36904

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale. Most insurance accepted
- Child, adolescent, and adult services for mental illness, intellectual disabilities, substance use, and support.

HENRY COUNTY:

SpectraCare Health Systems, inc. – Henry County Clinic – 334-575-5160;

After Hours Emergency Assistance 800-951-4357

219 Dothan Road, Abbeville, AL 36310

- After Hours Emergency Assistance
- Most major insurances accepted; financial assistance is available if eligible
- Behavioral health services, outpatient and residential treatment, child and adolescent services

HOUSTON COUNTY:

Spectracare – Houston Co. Adult Outpatient Services – 800-951-4357

1672 Columbia Highway, Dothan, AL 36303

- Mon – Fri – 8 a.m. – 5 p.m.
- Most major insurances accepted; financial assistance is available if eligible
- Residential treatment, couples therapy, individual psychotherapy, group therapy, family psychoeducation, education services and psychosocial rehabilitation services

Spectracare – Houston Co. Intensive Rehabilitation Day – 800-951-4357; afterhours emergency assistance

134 Prevatt Road, Dothan, AL 36303

- Most major insurances accepted; financial assistance is available if eligible
- Residential treatment, couples therapy, individual psychotherapy, group therapy, family psychoeducation, education services and psychosocial rehabilitation services

JACKSON COUNTY:

Family Services Center – 256-551-1610

4092 Memorial Parkway SW #205, Huntsville, AL 35802

- Mon – Thu – 8 a.m. – 5:30 p.m.
- Fee based on income.
- Offers affordable and group individual counseling for a wide range of situations. Sessions are now offered virtually.

Jackson County Health Department – 256-259-4161

204 Liberty Lane, Scottsboro, AL 35769

- Mon – Fri – 8 a.m. to 5 p.m.
- No fee
- Offers clinical, home health, and environmental services to the public

Mountain Lakes Behavioral Healthcare- Scottsboro Office – 256-259-1774; After hours emergency assistance 1-866-223-2076 After Hours Emergency Assistance

508 Gregory Street, Scottsboro, AL 35768

- Adult case management, in-home intervention, outpatient; assertive community treatment; child/adolescent case management, day treatment, in-home intervention, outpatient; consultation and education, DMHF-Out-Patient Commitment; emergency services, geriatric outpatient services, rehabilitative day program, residential services

Scottsboro Professional Counseling, LLC – 256-999-0727

605 E Laurel Street, Scottsboro, AL 35768

- Mon – Fri – 9 a.m. – 5 p.m.
- Fee based on income. Most insurances accepted.
- Provides individual and group counseling to people of all ages.

JACKSON COUNTY (CONT.):

41

Thrive Alabama - 256-536-4700

300 Memorial Parkway SW, Huntsville, AL 35801

- Mon - Thurs 8 a.m. - 5 p.m. - Fri 8 a.m. - noon
- Sliding fee scale. Most insurance accepted; Psychiatry and Psychology (therapists)

JEFFERSON COUNTY:

Alabama Autism Assistance Program/HANDS Program - 205-733-0976

300 Shadow Wood Park Suite 100, Birmingham, AL 35244

- Accepts most private insurance, including Medicaid
- Therapy in clinic or home environment, school services, and early childhood play/social groups (summer only). Seasonal services such as social groups (all ages) and spring/summer/fall kickball (teens/adults). Provides one-on-one therapy year-round and small group behavioral therapy in summer, as well as training and consultation services and a Kinect sports program at both locations (FB page for it) with age group up to 20's.

Alabama Game Changers - 205-364-2347

2111 Parkway Office Circle, Hoover, AL 35244

- Mon. - Fri. - 8 a.m. - 5 p.m.
- Accepts most private insurance, including Medicaid; Neuropsychological evaluations and Cognitive Behavioral Therapy for children receiving our intensive services. Our caring and experienced team includes Pediatricians, Neuropsychologist and Psychologist, Speech and Language Pathologists, Psychometrists, Occupational Therapists, Certified Pediatric Nurse, Medical Assistants, Recreational Therapist, Teachers, and Academic Instructors. The Morris Center @ Alabama Game Changers (TMC@AGC) is a trans-disciplinary medical center capable of advanced diagnosis & treatment interventions for literacy and learning struggles like Dyslexia. Also, we medically address co-existing conditions such as anxiety, sensory processing, ADHD, & depression.

Black Women's Mental Health Institute - (205) 440-2837

P.O. Box 94336, Birmingham, AL 35220

- Free and sliding scale; Free counseling and sliding scale depending on income. Tele-health is available. The Black Women's Mental Health Institute is tailored to the mental wellness of Black women and girls, but does not deny counseling requests based on race or gender.

Capitol Care South - 205-956-2000

2619 Commerce Blvd, Irondale, AL 35210

- Mon - Fri - 8 a.m. - 4 p.m.
- Medicaid and private pay.
- Outpatient treatment with an experienced team of licensed clinicians and psychiatrists. Specialize in providing high-quality care to adults as well as children, and will work with you to create your unique, person-centered treatment plan.

Children's of Alabama - 205-638-9100 (main), 205-638-4444 (ED)

1600 7th Ave. South, Birmingham, AL 35233

- 24/7 Accepts all private insurance, including Medicaid.
- Acute inpatient psychiatry services and Emergency Department.

JEFFERSON COUNTY (CONT.):

Children's of Alabama Amelia Center – 205-638-7481

1513 Fourth Avenue South, Birmingham, AL 35233

- 8 a.m. – 5 p.m., Mon. – Fri.
- Free; The Amelia Center provides professional counseling for children (age 5 and above) and teens grieving the death of a parent, grandparent, sibling, close relative, or friend. Provides a safe place where they can find hope and creatively express feelings through art and play. Counseling is also provided for parents grieving the death of a child of any age, ranging from pregnancy loss through adulthood. Support groups for children, teens, and parents are available, as well.

Children's of Alabama CHIPS Program – 205-638-2751

1501 4th Ave. South, Birmingham, AL 35233

- Free
- Children's Hospital Intervention & Prevention Services (CHIPS Center). Promoting health and healing for those affected by suspected child abuse and neglect.

Children's of Alabama Outpatient Behavioral Health – 205-638-9193

1600 7th Ave. South, Birmingham, AL 35233

- 8 a.m. – 4:30 p.m., Mon.-Fri.
- Accepts all private insurance, including Medicaid; Children's Behavioral Health – Ireland Center specializes in providing evidence-based care for children and adolescents. Depending on your child's needs, we offer the appropriate outpatient treatment provided by one or more members of our expert medical staff including a psychiatrist, a psychologist, a therapist and/or psychiatric nurse practitioner.

Children's of Alabama Partial Hospitalization Program (PHP) – 205-638-5060

1523 4th Ave. South, Birmingham, AL 35233

- 8 a.m. – 4:30 p.m., Mon. – Fri.
- Accepts all private insurance, including Medicaid.
- The program is 5 days a week for patients 12 –18 years old with a primary diagnosis of behavioral or mental health concerns. Patients admitted are medically stable and would benefit from daily group and individual therapy. Primary diagnoses of substance abuse, eating disorders or autism are not eligible for admission to the PHP.

Choices of Alabama, LLC. – 205-639-1334

1900 Crestwood Blvd., Birmingham, Alabama 35233

- Mon., Wed., Fri. – 10 a.m. – 5:30 p.m.
- Tue., Th. – 10 a.m. – 8 p.m.
- Sat. – 8 a.m. – 4 p.m.
- Sun. Closed
- Accepts most private insurance, including Medicaid and a sliding-scale
- High-quality, affordable mental health services.

Clay House Children's Advocacy Center – 205-481-4155

1830 Dartmouth Ave, Bessemer, AL 35020

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

JEFFERSON COUNTY (CONT.):

Eastside Mental Health Center – 205-836-7283 After hours/Emergency 205-836-7283
129 East Park Circle, Birmingham 35235

- Mon. – Thur. 8 a.m. – 5 p.m. and Fri. 8 a.m. – 4 p.m.
- Accepts most private insurance, including Medicaid and sliding scale fees.
- Adult Intensive Day Treatment
- Adult Outpatient
- Adult Rehabilitative Day Program
- Assertive Community Treatment
- Child/Adolescent Day Treatment
- Child/Adolescent Outpatient
- Consultation & Education
- Designated Mental Health Facility - Outpatient
- Emergency Services

Gateway Family Counseling – 205-510-2600
1401 20th Street South, Birmingham, AL 35205

- Mon – Thur 8 a.m. – 5 p.m., Fri. 8 a.m. – 4:30 p.m.
- All Kids, Blue Cross Blue Shield, Sliding Scale.
- School-based counseling, intensive in-home services, foster parent training, therapeutic foster care, and independent living services.

Glenwood Inc. – 205-969-2880
614 38th St South, Birmingham, AL 35222

- Mon – Fri – 8 a.m. – 5 p.m.
- Accepts most private insurance, including Medicaid, All Kids, and Sliding Scale.
- Testing, diagnosis, counseling, and therapy appts. take place at our Outpatient. Services building. The clinic offers timely assessment, therapy, education, and support from professionals specially trained in the area of child and adolescent development and mental health. Residential treatment.

Grandview Medical Center – 205-971-6190 (main), 205-971-1000 (ED)
3690 Grandview Parkway, Birmingham, AL 35243

- 24/7
- Accepts most private insurance, including Medicaid.
- The Child & Adolescent Care Unit, located at Grandview Medical Center, is an 11-bed, secure inpatient psychiatric facility for the treatment of children and adolescents from ages 2 years – 18 years experiencing acute behavioral health treatment needs. Since we are located at a full service medical facility, our patients also have access to consultation by other medical specialists for non-psychiatric medical needs. Emergency Department.

Hill Crest Behavioral Health Services – 205-833-9000 ext. 5
6869 5th Avenue South, Birmingham, AL 35212

- 24/7
- Accepts most private insurance, including Medicaid.
- Inpatient hospitalization and residential treatment for adolescents ages 11-18 in a nurturing therapeutic environment. Adolescent residential programs and intensive adolescent therapeutic group homes are located in Jefferson County. No Emergency Department.

JEFFERSON COUNTY (CONT.):

Impact Family Counseling – 205-916-0123

1000 24th Street South, Birmingham, AL 35205

- 8 a.m. – 8 p.m.
- Sliding Scale
- Provides family counseling, parental skills training, court/school advocacy, anger and conflict management resolution, community education, individual counseling, and group counseling.

JBS Mental Health Authority/Children's Services – 205-595-4555

956 Montclair Rd., Birmingham, AL 35213

- Mon – Fri – 8 a.m. – 5 p.m.
- All Kids, Blue Cross Blue Shield, Medicaid
- Provides intensive, home-based therapy, outpatient treatment, care coordination, intensive care coordination, and psychiatric services to children with a serious emotional disturbance and their families who reside within the tri-county catchment area (Jefferson, Blount, and St. Clair counties).

JBS Mental Health Authority/Mobile Crisis Response Team (MCRT) – 205-443-2294

956 Montclair Rd., Birmingham, AL 35213

- 24/7 Mon. – Sun.
- All Kids, Blue Cross Blue Shield, Medicaid
- Services for youth who are showing signs of behavioral or mental health concerns that pose a threat to the youth's stability within their home, school, or community. Youth must live in Jefferson County and have Jefferson County DHR involvement. Team goes to home, office, or community location to provide support and plan for the next steps.

Magic City Acceptance Center (MCAC) – 205-407-8157

3130 3rd Avenue South, Birmingham, AL 35233

- Mon., Tues., Thurs. – 9 a.m. – 6 p.m. – Wed. – 10 a.m. – 7 p.m. – Fri. – 9 a.m.- 1 p.m.
- Free
- The Magic City Acceptance Center (MCAC) provides a safe, supportive and affirming space, services, and programs for Lesbian, Gay, Bisexual, Transgender and Queer or Questioning (LGBTQ) people and their allies in Birmingham, Alabama.

NAMI Birmingham (National Alliance on Mental Illness) – 205-913-4785

P.O. Box 550039, Birmingham, AL 35255-0039

- Free
- Provides support, education and advocacy to the mentally ill and their loved ones.

Oasis Counseling for Women and Children – 205-933-0338

1900 14th Avenue South, Birmingham, AL 35233

- Mon – Thur – 8:30 a.m. – 5 p.m., Fri 8:30 a.m. – 4 p.m.
- Accepts most private insurance, including Medicaid and Sliding Scale fees.
- Individual counseling for women. Play therapy for children ages 3-12. Counseling for adolescent girls. Couples & family counseling. Child-parent relationship therapy. Group therapy. Outreach and education. Will see males up to the age of 12.

JEFFERSON COUNTY (CONT.):

Prescott House - 205-930-3622

1730 14th Ave S, Birmingham, AL, 35205

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

Sarah Ball Counseling - 205-502-2974

3 Office Park Circle Suite 220, Mountain Brook, AL 35223

- Mon - Thur 7 a.m. - 3 p.m.
- Fri 7 a.m. - 12 p.m.
- Evenings available by request
- Blue Cross Blue Shield of Alabama, New Directions, AllKids, and American Behavioral
- Individual, family, and play therapy. Anxiety, Depression, and other mood disruptions, Defiance/Disobedience, Social Issues (bullying, social skills training), Grief/Loss, Academic/Behavioral struggles at school. Adjustment (blended family, divorce, new sibling), Attachment insecurity, History of Trauma

Strive Counseling - 205-721-9893

115 Richard Arrington Jr. Blvd N. Suite 300, Birmingham, AL 35203

- Mon. - Fri. 8 a.m. - 6 p.m.
- All major insurances, including All Kids, Blue Choice
- Individual and play therapy. Mood Disorders, Anxiety Disorders, Trauma Disorders, Anger, Marital Conflict, Adjustment, Disorders, Psychosocial Stress, and/or ADHD.

UAB - 205-934-3675 (main), 205-934-4000 (ED)

1737 6th Avenue South, Birmingham, AL 35233

- 24/7
- Accepts most private insurance, including Medicaid.
- Acute adolescent inpatient psychiatry services and Emergency Department.

LAMAR COUNTY:

Northwest Alabama Mental Health Center - 205-695-9003

1435 North Military St., Hamilton, AL 35570

- After Hours Emergency Assistance
- Accepts most private insurance, including Medicaid.
- Outpatient psychiatric services. Individual, family and group therapy, psychiatric services, testing, parenting, Case Management, crisis intervention, consultations, referrals.

West Alabama Children's Advocacy Center - 205-469-7800

280 Stadium Circle, Vernon, AL, 35592

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

LAUDERDALE COUNTY:

Bridges Behavior Therapy & Consulting - 256-275-7089

105 W. 2nd Street, Tuscumbia, AL 35674

- Mon - Fri - 8 a.m. - 5 p.m.
- Blue Cross, Medicaid, Tricare
- Autism and developmental disabilities. Psychotherapy, ABA Therapy, Parent/Family Training
- ABA therapy clinic offering direct 1:1 intervention, social skills groups, parent/family training, and school consultation and training. Build adaptive skills in homes, schools, and community settings.

Certified Behavior Health Services, LLC - 256-627-4032

1629 Lamar Street, Florence, AL 35630

- Mon - Fri 8 a.m.- 5 p.m.
- Medicaid, Tricare
- School Assessment, Home Therapy, Community Education Offers free behavioral services consultations in-person or through ZOOM. ABA, ADHD, intellectual disabilities, trauma-induced, behavior disorders, SWPBS, school-based interventions, autism services.

Cramer Children's Center - 256-760-1140

404 W Tennessee St, Florence, AL 35630

- Mon. - Fri. 8:30 a.m. - 5 p.m.
- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

Empower Counseling & Consulting - 256-330-2060

215 Ana Dr, Suite A, Florence, AL 35630

- Mon. - Fri. - 9 a.m. - 5 p.m.
- Blue Cross Blue Shield, Medicaid, United, Cignal
- Individual counseling. ADHD, adoption, anger management, anxiety, attachment, autism, behavioral issues, bipolar disorder, career counseling, child, codependency, coping skills, depression, divorce, domestic abuse, emotional disturbance, family conflict, impulse control disorders, LGBTQ+, life transition, marital and premarital, mood disorders, oppositional defiance (ODD), parenting, peer relationships, relationship issues, school issues, sexual abuse, stress, suicidal ideation, and transgender.

Health Connect America (HCA) Florence AL Regional Office - 256-712-2822

115 Fairground Road, Florence, AL 35630

- Mon. - Fri. - 8:30 a.m. - 5 p.m.
- Accepts most private insurance, including Medicaid.
- Intensive In-Home Outpatient Mental Health Peer Support Psychiatric Clinical Substance Use Disorder Supervised Visitation Therapeutic Foster Care

NAMI-Shoals (National Alliance on Mental Illness) - 256-765-2081

749 Thompson St., Florence, AL 35630

- 24/7
- Free
- Provides support, education and advocacy to the mentally ill and their loved ones.

LAUDERDALE COUNTY (CONT.):

Riverbend Center for Mental Health - 256-764-3431

635 W College St, Florence, AL 35630

- Mon - Fri - 8 a.m. - 5 p.m., After-hours emergency assistance.
- All Kids, Blue Cross Blue Shield, Medicaid, Tricare, United, Viva
- Residential and outpatient treatment of mental illness, substance abuse, and emotional conditions for adults and children.

Southern Wellness - 256-284-7080

2618 Hough Road, Florence, AL 35630

- Mon.-Thurs. - 8 a.m. - 5 p.m.; Fri. - 8 a.m. - 12 p.m.
- Blue Cross Blue Shield, Medicaid, Income-Based Fee for those with substance use diagnosis.
- Individual sessions, group, family w/ and w/o client, psychoeducation, case management, basic living skills Level 1 Outpatient counseling services to families and individuals facing addiction problems. Tele-health available.

The Healing Place - 256-383-7133

2409 Wildwood St, Muscle Shoals, AL 35661

- Free
- Education and support after the death of a loved one for children, teens, and their caregivers.

LAWRENCE COUNTY:

HCA Decatur AL Regional Office - 256-274-8222

801 Church Street NE, Decatur, AL 35601

- Mon. - Fri. - 8:30 a.m. - 5 p.m.
- Accepts most private insurance, including Medicaid.
- Intensive In-Home
- Outpatient Mental Health
- Peer Support
- Psychiatric Clinical
- Substance Use Disorder
- Supervised Visitation
- Therapeutic Foster Care

Hospice of the Valley - 256-350-5585

240 Johnston St., Decatur, AL 35601

- Mon.- Fri. - 8 a.m. - 5 p.m.
- No Fee
- Bereavement counseling and support groups.

Mental Health Center of North Central Alabama - 256-974-6697, after hours 256-355-5904

295 Hospital Street Moulton, AL 35650

- Mon - Tues. 8 a.m. - 5:30 p.m. Wed.- Thurs. 8 a.m. - 5 p.m. Fri. 8 a.m. - 1 p.m. Closed Sat.-Sun.
- Fee based on income. Most insurances accepted.
- Treatment for children, adolescents and adults with a severe mental illness and/or a severe emotional disturbance.

LEE COUNTY:

Auburn Psychological Wellness Center, LLC – 334-219-0425

778 North Dean Road, Auburn, AL 36830

- Blue Cross Blue Shield, Sliding Scale
- Individual and Family Therapy
- Psych Testing
- Medication Management

Auburn University Marriage & Therapy Center – 334-844-4478

312 Quad Drive, Auburn, AL 36849

- Mon – Thur – 8 a.m. – 7 p.m.
- Fri. 8 am-5 pm
- Sliding scale. Cost of therapy depends on family income, but typically ranges from \$25-55 per 55 min. session. All therapy clients are charged \$75 for their initial intake appointment. No insurance is billed.
- Doctoral students in clinical psychology under the supervision of licensed clinical psychologists on faculty at Auburn provide therapy for children, adolescents, and adults. Play therapy, individual, couples, family, and psychological evaluations. The psychological evaluations are for intellectual, academic, ADHD, and personality.

Camp Good Grief- Hospice Angels Foundation – 334-826-1899

333 Samford Village Ct., Ste B, Auburn, AL 36830

- Day camp; Free
- Camp Good Grief/Bravery is a free camp for children ages 5 to 17 who have experienced the loss of a parent, sibling, grandparent, aunt, uncle, or anyone who has been important in their life.

East Alabama Medical Center – 334-749-3411

2000 Pepperell Pkwy, Opelika, AL 36801

- 24/7
- Accepts most insurances; Hospital with a psychiatric Unit

NAMI--East Alabama (National Alliance on Mental Illness) – 334-745-5611

200 Ballard, Opelika, AL 36804-7506

- Free
- Provides support, education and advocacy to the mentally ill and their loved ones.

Rivertown Psychiatry – 334-275-9595

2123 Executive Park Drive, Opelika, AL 36801

- Blue Cross Blue Shield, Cigna, Medicaid, Tricare, United
- Psychiatry Walk-In Clinic (Mon – Fri – 8 a.m. – 4 p.m.) Psychiatry, Therapy. ADHD, Aggression, Depression, Anxiety, Autism, Irritability, School Performance, Crisis/Trauma Management, Eating Disorders

Smith Group Behavioral Consulting, LLC – 334-332-9077

4505 Sandhill Road, Auburn, AL 36830

- Accepts most private insurance, including Medicaid.
- Autism Spectrum Disorder, Developmental Disabilities Behavioral Consultation
- Skills Assessment, Functional Assessment, Social Skills Training, Academic Tutoring, ABA Therapy

LEE COUNTY (CONT.):

Twin Cedars Children's Advocacy Center – 334-705-0770

1810 Corporate Dr., Opelika, AL 36801

- Free mental health services for victims of child abuse and their families. Referral through law enforcement/DHR to be eligible for services.

LIMESTONE COUNTY:

Athens-Limestone Children's Advocacy Center – 256-998-5556

104 Washington Street East, Athens, AL 35611

- Free mental health services for victims of child abuse and their families.
- Referral through law enforcement/DHR to be eligible for services.

Athens Limestone County Family Resource Center (ALCFRC) – 256-230-0880

406 South Jefferson Street, Athens AL 35611

Monday through Friday, 8:30 a.m. – 4:30 p.m.

- Free
- Athens-Limestone County Family Resource Center (ALCFRC) is dedicated to helping families find success by providing guidance, information, and personal mentoring.

Creating Connections Therapy – 856-371-4333

13054 Chaple Hill Lane, Athens, AL 35613

- Tues and Thurs 10 a.m. – 7 p.m.
- Sliding Scale
- Individual therapy. ADHD, Anxiety, ASD, Bipolar, Co-Dependence, OCD, Phobias, Substance Abuse

Decatur Morgan Hospital West – 256-973-2000 (Main Number) 256-973-4000

(Psychiatric Care) – 1201 7th Street SE, Decatur, AL 35601 (Main Campus) 2205 Beltline Road, SW, Decatur, AL 35630

- 24/7
- Most insurances accepted
- Hospital with inpatient treatment for children, adolescents, adults and geriatric patients.

Foundations Counseling Center, Inc. – 256-497-1790

202 Sanders Street, Athens, AL 35611 24127 Huntsville Brownsferry Road, Athens, AL 35613

- Aetna, American Behavioral, Beacon, Behavioral Health Systems, BlueCross and BlueShield, Cigna, Humana, Medicare, Optum, TRICARE
- Out of Network (stipulations may apply)
- Private pay sessions starting at \$65/hr.
- Individual, family, group, and teletherapy.

HCA Decatur AL Regional Office – 256-274-8222

801 Church Street NE, Decatur, AL 35601

- Mon. – Fri. – 8:30 a.m. – 5 p.m.
- Accepts most private insurance, including Medicaid.
- Intensive In-Home, Outpatient Mental Health, Peer Support, Psychiatric Clinical, Substance Use Disorder, Supervised Visitation, Therapeutic Foster Car

LIMESTONE COUNTY:

Hospice of Limestone County – 256-232-5017

405 S. Marion St. Athens, AL 35611

- Mon – Fri – 8 a.m. – 4 p.m.
- Most private insurance, Medicare, and Medicaid offer a hospice benefit. Hospice of Limestone County accepts patients based on need, not their ability to pay.
- Camp Hope, a one day camp for children who have experienced the loss of a loved one
- “Good Grief Club”, for grades K-12, in coordination with school counselor
- Groups for all ages, as needed
- Individual sessions for teens and children at home, as appropriate.

Mental Health Center of North Central Alabama – 256-232-3661

1307 E Elm St, Athens, AL 35611

- Mon – Fri – 8 a.m. – 5 p.m.
- Fee based on income. Most insurances are accepted.
- Treatment for children, adolescents and adults with a severe mental illness and/or a severe emotional disturbance.

Revival Psychiatry – 256-444-4511

15884 E Limestone Rd., Athens, AL 35613

- Mon — Fri – 8 a.m. — 5 p.m.
- Blue Cross Blue Shield, Cigna, Medicaid, United
- Psychiatric Nurse Practitioner Evaluation and consultation to determine whether to establish a medication treatment plan going forward.
- Depression, Anxiety, OCD, Bipolar Disorder, Schizophrenia, PTSD

LOWNDES COUNTY:

Carastar Health (Lowndes County Mental Health Center) – 334-279-7830

5 Academy Lane, Hayneville, AL 36040

- Mon – Fri – 8 a.m. – 4:30 p.m.
- All Kids, Blue Cross Blue Shield, Medicaid
- Individual Therapy for Adults, Children and Adolescents Specialized Services for Children and Adolescents, In Home Services, Care Coordination, School Based Service, Crisis Services, Mobile Crisis Services, 24/7 Behavioral Crisis Center
- After Hours Crisis Counseling, Crisis Residential Cares,.

Safe Harbor Children's Advocacy Center – 334-382-8584

107 Caldwell Street, Greenville, AL 36037

- Normal office hours are Mon – Fri – 8:30 a.m. – 3:30 p.m., but we are currently open by appointment only
- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

MACON COUNTY:

East Central Alabama Mental Health Center - 334-727-7001

103 East Oak Street, Tuskegee, AL 36083

- Sun - Fri - 8 a.m. - 5 p.m. After Hours Emergency Assistance
- Accepts most private insurance, including Medicaid.
- Child/Adolescent Comprehensive Outpatient, Case Management and In-Home Services - Covers Bullock, Pike, and Macon Counties

East Central Mental Health - 334-566-6681/Crisis Line: 334-566-3391

200 Cherry Street, Troy, AL 36081

- Mon - Fri - 8 a.m. - 5 p.m., 24 hour crisis services
- Sliding fee scale. Most insurance accepted
- Outpatient mental health services, case management, crisis services offered to children and adults.

Reflections Behavioral Health Agency - 334-947-5901

608 Dibble Street, Tuskegee, AL 36083

- Accepts most private insurance, including Medicaid.
- Individual and group therapy. Trauma, Anxiety, Depression, Grief, Relationship Problems, Anger Management, Developmental Disorders

Tears, Inc. - 334-226-3039

501 School Street, Tuskegee, AL 36083

- Mon - Thur - 10 a.m. - 6 p.m.
- Accepts most private insurance, including Medicaid and All Kids.
- TEARS Student Assistance Program (TSAP), which is a general outpatient program for adolescents having substance abuse and/ or dependency concerns. Our organization provides basic living skills, psycho-education, peer support, and group counseling sessions. TSAP also provide mentoring support to clients and help to improve their self esteem, social and academic skills. TEARS offer services to youth attending schools in Russell County: Phenix City Success Academy, New Beginnings, Russell County Alternative Learning Center, South Girard Middle School, Russell County High School, Central High School. NA meetings for adolescents and adults.

Twin Cedars Children's Advocacy Center - 334 -705-0770

1810 Corporate Dr., Opelika, AL 36801

- Free mental health services for victims of child abuse and their families. Referral through law enforcement/DHR to be eligible for services.

MADISON COUNTY:

C. E. Parks, LPC - 938-333-3029

604 Davis Circle SW, Huntsville, AL 35801

- American Behavioral, BlueCross and BlueShield, Cigna, Evernorth, New Directions | Lucet
- Play therapy for children. ADHD, autism, reactive attachment disorder, anxiety, and selective mutism.

MADISON COUNTY (CONT.):

Central North Alabama Health Services, Inc. – 256-533-6311

751 Pleasant Row, Huntsville, AL 35816

- Mon – Tues – 8 a.m. – 6 p.m.; Wed – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale
- Community Clinic offering behavioral health services

Child, Adolescent, & Family Psychiatry – 256-325-1349

708 Will Halsey Way Ste C, Madison, AL 35758

- By appointment only
- All Kids, Blue Cross/Blue Shield, Medicaid, Tricare, Viva
- Children, Adolescents, Adults, Depression, Couples & Family, Substance Abuse, Anxiety and Fears, Pain Management, Stress Management

Decatur Morgan West Hospital – 256-551-2710; 256-973-4000

2205 Beltline Road, Decatur, AL 35609-2240

- 24/7
- Most insurances accepted
- Comprehensive inpatient care for children, adolescents and adults struggling with emotional and mental health challenges.

Huntsville Hospital – 256-265-1000

101 Sivley Road Huntsville, AL 35801

- 24/7
- Most insurances accepted
- Hospital with a psychiatric unit

Huntsville Hospital-The Caring House – 256-265-4673

1000 Serenity Lane, Huntsville, AL 35803

- Mon – Fri 8 a.m. – 4:30 p.m.
- No fee
- The Caring House provides a safe place for children ages 3-18 and their families to cope with the death of a loved one and share their grief with others.

Luminous Counseling and Consulting – 256-686-9195

3309 Bob Wallace Ave. SW, Suite 1, Huntsville, AL, 35805

Mon – Fri – 7 a.m. – 7 p.m.

- Aetna, All Kids, Blue Cross/Blue Shield, Cigna, Medicaid, Sliding Fee Scale, Tricare, United
- Spanish-speaking counselors. Individual Counseling EMDR, Play Therapy, Sand Tray Therapy Psychological Testing -- IQ Tests, ASAM Testing, Psychosexual Evaluations Telehealth counseling. Addiction, Autism, Anxiety, Depression, Stress, PTSD.

Marriage & Family Counseling Center – 251-444-9740

605 Bel Air Blvd, Suite 33, Mobile, AL 36606 (3rd Floor)

- BCBS/New Directions
- United Healthcare
- American Behavioral
- Individual, family, and marriage counseling. Registered play therapist.

MADISON COUNTY (CONT.):

NAMI-Huntsville (National Alliance on Mentally Illness) - 256-534-2628 or 1-800-626-4199 - 701 Andrew Jackson Way, Suite A Huntsville, AL 35801

- Mon - Fri - 10 a.m. - 10 p.m.; 24/7 crisis text 741741
- No fee
- Provides support, education and advocacy to the mentally ill and their loves ones. NAMI Connections Support Groups on Zoom meets every Wed. from 5:30 p.m. - 7 p.m. and the age 45 and under group meets on the 2nd and 4th Sun. of the month from 6 p.m. - 7:30 p.m.

National Children's Advocacy Center - 256-533-5437

210 Pratt Ave NE, Huntsville, AL 35801

- Mon - Fri - 8:30 a.m. - 5 p.m.
- No fee
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

Wellstone, Inc. (Mental Health Center of Madison County - Nova Center for Youth and Family) - 256-533-1970

4040 Memorial Parkway SW, Huntsville, AL 35802

- Mon - Fri - 8 a.m. - 5 p.m. After Hours Emergency Assistance
- All Kids, Blue Cross/Blue Shield, Medicaid, Tricare, United, Viva
- Comprehensive mental health services for child and adolescents including outpatient, outreach, psychiatric, preschool and school-based.

MARENGO COUNTY:

Black Belt Children's Advocacy Center - 334-654-5098

208 N. Strawberry Ave., Demopolis, AL, 36732

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

Bryan W. Whitfield Memorial Hospital - 334-289-4000

105 Highway 80 East, Demopolis, AL 36732

- 24/7
- Most insurances accepted
- Regional hospital. Tombigbee Healthcare Authority serves multiple counties and communities in Central Alabama.
- Demopolis, Alabama with the surrounding counties of Marengo, Sumter, Greene, Hale, Perry, and Choctaw counties are situated in the Black Belt Region of Alabama.

West Alabama Mental Health Center - 1-800-239-2901

1215 South Walnut Avenue, Demopolis, AL 35470

- Mon - Fri - 8 a.m. - 5 p.m.
- Accepts most private insurance, including Medicaid and All Kids.
- Comprehensive Mental Health Services for Children and Adolescents
- Mobile Access for Children's Services (MACS), ages 5-17, school based, must meet criteria for participation including, but not limited to, attending school and living in the five county catchment area of: Choctaw, Greene, Hale, Marengo and Sumter.

MARION COUNTY:

Northwest Alabama Mental Health Center - 205-921-3400

1435 North Military St., Hamilton, AL 35570

- Mon - Fri - 8 a.m. - 5 p.m.
- Accepts most private insurance, including Medicaid and All Kids.
- Individual Counseling, Family Counseling, Group Counseling, Psychiatric Evaluations, Crisis Intervention, Child Case Management, Juvenile Court and School Evaluations, Behavioral Aide Services (for children 3-18 years of age), Intensive Day Treatment (for children 30 months-14 years of age).

Pathway Healthcare - 205-921-5556

400 Bexar Ave W. Hamilton, AL 35570

- Mon - Thur - 7 a.m. - 6 p.m.
- Accepts most private insurance, including Medicaid and Sliding Scale.
- Same-day initial psychiatric evaluations
- Psych med management
- Outpatient psychiatric care and counseling
- Group Counseling
- One-on-one counseling
- Family counseling
- Substance use treatment

Walker County Children's Advocacy Center - 205-387-8324

1619 Alabama Ave., Jasper, AL, 35502

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

MARSHALL COUNTY:

Garrett Counseling - 256-239-5662

3460 Alabama Hwy, 431 Suite C, Boaz, AL 35950

- Accepts most private insurance, including Medicaid and All Kids.
- Family and Individual Counseling
- Counseling for children and teens, adults, and families for wide range of issues. Online appointments available. Play Therapy, Life Changes, Anger and Coping, Eating Disorders, Grief, Mood Disorder, Trauma, Stress and Anxiety.

Marshall Children's Advocacy Center - 256-582-8492

1620 Railroad Avenue, Guntersville, AL, 35976

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

Mountain Lakes Behavioral Healthcare - 256-582-2303

2409 Homer Clayton Drive, Guntersville, AL 35976

- 24/7
- Fee based on income. Most insurances accepted.
- Inpatient and outpatient treatment for mental illness.

MARSHALL COUNTY (CONT.):

North Alabama Counseling Center - 256-582-8880

1612 Railroad Ave., Guntersville AL 35976

- Mon. – Thurs., 9 a.m. – 6 p.m.
- Accepts most private insurance, including All Kids.
- Outpatient individual and family counseling. Eating Disorders, Child Abuse & Neglect, Anger Management, Autism Spectrum Disorder, LGBTQ+, Trauma, Behavior Disorders, Substance Abuse.

Shepard's Cove Hospice - 256-891-7724

408 Martling Road, Albertville, AL 35951

- 24/7
- Free
- Bereavement counseling and support groups.

Twindom Counseling - 256-660-0796

319 AL-75 Suite B, Albertville, AL 35951

- Mon – Fri – 9 a.m. – 2 p.m.
- Blue Cross Blue Shield, Medicaid, All Kids, Sliding Scale.
- Outpatient counseling services. Registered play therapist.

MOBILE COUNTY:

Alabama Baptist Children's Homes & Family Ministries - Pathways Professional Counseling - 251-639-1681

6512 Grelot Road, Mobile, AL 36685

- Mon-Fri – 8 a.m. – 5 p.m.
- Mental Health Services

Alabama Mentor - 251-478-5243

3103 Airport Boulevard Mobile, AL 36606

- Hours Vary
- Mental Health Services

AltaPointe Health Systems - 251-450-2211

2419 Gordon Smith Drive, Mobile, AL 36617 (Other locations in West Mobile, Bayou La Batre)

- Mon-Fri. 8 a.m. – 5 p.m./After Hours Emergency Assistance
- Accepts most insurances, including Medicaid, Sliding Scale.
- Mental health and crisis services to adults and children. Child and adolescent crisis response team--24/7.

BayPointe Hospital - 251-450-2211 (main)

5800 Southland Drive, Mobile, AL 36693

- 24/7
- Accepts most private insurance, including Medicaid and Sliding Scale.
- Acute inpatient and residential services and Emergency Department.

Comprehensive MedPsych Systems - 251-662-9466

1110 Montlimar Drive, Suite 500, Mobile, AL 36609

- Mon – Fri – 8 a.m. – 7 p.m.
- Accepts most insurances
- Offers a complete range of mental health services.

MOBILE COUNTY (CONT.):

The Hope Center for Healing – 251-479-0140
6348 Piccadilly Square Drive, Mobile AL 36609

- Hours Vary
- Mental Health Clinic and Services

Lifelines Counseling Service – 251-602-0909
705 Oak Circle Drive East, Mobile AL 36609

- Mon – Fri – 8 a.m. – 5 p.m.
- Help individuals and families live more productive lives through counseling, assistance, referrals, and education.

Mobile Child Advocacy Center – 251-432-1101
1351 Springhill Ave. Mobile, AL 36604

- Free
- Provides counseling to child and adolescent victims of physical abuse, neglect, and sexual abuse.

NAMI-Mobile (National Alliance on Mental Illness) Family Support Group –
251-461-3450

Springhill Baptist Church Activity Center, 11 South McGregor Avenue, Mobile, AL 36608

- 3rd Monday of every month
- Free
- A support group for family members or caregivers of an individual living with mental illness

New Way Out Corporation – 251-665-4627
712 Oak Circle Drive East, Mobile, AL 36609

- Mon-Fri – 9 a.m. – 5 p.m.
- Mental Health Clinic and Services

Survivors of Mental Illness Outreach – 251-342-0261
4351 Midmost Drive, Mobile, AL 36609

Tue – Fri – 8 a.m. – 2 p.m.

- Free
- SOMI Club (Survivors of Mental Illness) provides a welcoming place for individuals living with a mental illness to participate in self-help and peer-led activities that promote wellness, recovery and support towards the goal of re-entry into mainstream society.

USA Psychology Center – 251-460-7149

75 South University Boulevard, University Commons 2000, Mobile, AL 36688

- Monday 9–7, Tuesday: 9 – 8, Wednesday: 9 – 7, Thursday: 9 – 8, Friday: Closed
- Training clinic can provide patients/clients with professional, confidential psychological services based on a reduced – cost sliding fee scale. Therapy service fees range from \$10-\$25 per hours, and \$250-\$450 for evaluations. They work with each client individually to determine affordable rates for our services.
- Individual, group, family, PCIT therapies; autism, LD/ADHD, neuropsychological, gifted and talented evaluations.

MONROE COUNTY:

Monroe County Hospital – 251-575-3111

2016 South Alabama Avenue, Monroeville, AL 36460

- 24/7
- Accepts most insurances
- Emergency Services

Southwest Alabama Behavioral Health Care Systems (Outpatient) – 251-575-4837

530 Hornady Drive, Monroeville, AL 36460

- After Hours Emergency Assistance
- Mental Health Services

MONTGOMERY COUNTY:

AL Association for Play Therapy – A Better Way, LLC – Shirley Johnson – 334-387-2317

5510 Wares Ferry Rd Suite U3, Montgomery, AL 36117

- Hours Vary
- Accepts most insurances
- Counseling and Psychotherapy services

AL Association for Play Therapy – Auburn University at Montgomery – Yuh-Jen Guo –

334-244-3026 – Education Building, 304B East Drive, Montgomery, AL 36117

- Hours Vary
- Provides counseling services

AL Association for Play Therapy – Brown Counseling, LLC – Laura M. Brown – 334-201-

7633 – 600 Interstate Park Drive, Suite 609, Montgomery, AL 36109

- Hours Vary
- Accepts BCBS of AL Insurance
- Provide mental health counseling to assist children, adolescents, and adults in processing life events and increasing emotional health.

AL Association for Play Therapy – Sanctuary Counseling & Wellness – Sarah McCrory –

334-603-2025 – 493 Whitetail Trail, Hope Hull, AL 36043

- Appointment only
- Counseling and wellness services

AL Association for Play Therapy – The Wellness Group, LLC – Susan Lamb Walker – 334-

603-1427 Ext 1 – 10519 Vaughn Road, Pike, AL 36064

- Hours Vary
- Accepts most insurances
- Counseling and Psychotherapy services

AL Dept. of Mental Health – Child/Adolescent Mental Illness Treatment – 1-800-367-

0955/334-242-7832

100 N. Union St., Montgomery, AL 36104

- Mon – Fri – 8 a.m. – 5 p.m.
- Child and Adolescent services are offered for those 18 years old and younger who meet the criteria for SED. Alabama’s treatment providers offer a continuum of care ranging from crisis, outpatient, outreach, day, and residential. One or more of these services is offered in all 67 counties.

MONTGOMERY COUNTY (CONT.):

Auburn University at Montgomery – Shu-Ching Wang – 334-244-3750

Taylor Center, 316 7400 East Dr., Montgomery, AL 36117

- Hours Vary
- Counseling and health promotion services

BB&H Wellness Services, INC – 334-676-2368

6707 Taylor Circle, Suite B, Montgomery, AL 36117

- Mon – Fri – 6 a.m. – 9:30 p.m.
- Accepts most insurances
- Provide individual and family counseling services

Baptist Medical Center South/Crossbridge – 334-747-2492/334-747-2493

2105 E South Blvd, Montgomery, AL 36116

- 24/7
- Accepts most insurances
- Hospital with a psychiatric unit

Carastar Health (Montgomery Mental Health Authority) – 334-279-7830

2140 Upper Wetumpka Road, Montgomery, AL 36107

- Mon – Fri – 8 a.m. – 5 p.m.
- Sliding fee scale; most insurances accepted
- Community Mental Health Center & Crisis Center

Mental Health America – 334-262-5500

1116 South Hull Street Montgomery, AL 36104

- Mon – Thu – 8 a.m. – 4:30 p.m. – Fri 8:30 a.m. – 12:30 p.m.
- No fee
- Provides advocacy and peer support groups to the mentally ill and their families.

Montgomery County – Child Protect – 334-262-1220

935 S Perry Street, Montgomery, AL 36104

- Mon – Fri – 9 a.m. – 5 p.m.
- No fee
- Conduct forensic interviews when there are concerns of child abuse and provide individual counseling to children between the ages of 3-18.

National Alliance on Mentally Illness (NAMI) – 334-221-4376

437 Mulligan Drive, Montgomery, AL 36117

- Mon – Fri – 8 a.m. – 5 p.m.
- No fee
- Provides support, education, and advocacy to the mentally ill and their loved ones.

Project Insight – 334-262-1629

828 Forest Ave, Montgomery, AL 36106

Mon – Fri 8 a.m. – 5 p.m. – By appointment only

- No fee
- Provides mental health presentations and mental health first aid trainings to professionals, the faith-based community, and other groups upon request.

MONTGOMERY COUNTY (CONT.):

59

SAFY- Specialized Alternatives for Families and Youth of Alabama - 334-270-3181 800-532-7239 - 9532 Wynlakes Place, Montgomery, AL 36117

- Mon - Fri - 8 a.m. - 5 p.m.
- No fee; SAFY is an agency that serves families and children through therapeutic foster care and intensive in-home services. SAFY is a Child Placing Agency that works to recruit, train, and license families who are willing to commit to a child in need.

Works of Wonder - 334-356-4900

1320 Carmichael Way, Montgomery, AL 36106

- Mon - Fri - 9 a.m. - 5 p.m.
- Accepts most insurances
- Provide child and adolescent counseling services

MORGAN COUNTY:

Albany Clinic Children's Program (of the Mental Health Center of North Alabama) - 256-260-7306 - 1315 13th Avenue SE, Decatur, AL 35601

- Mon - Fri - 8 a.m. - 5 p.m.
- Fee based on income. Most insurances accepted.
- Provides an encompassing array of outpatient mental health services for youth and adolescents.

Crisis Services of North Alabama - 256-716-1000

South Huntsville Public Library Conference Room 7901-L Bailey Cove Road, Huntsville, AL

- First Tuesday of each month 5:30 p.m.-7:30 p.m.
- No fee
- Offers survivors of suicide counseling and support groups

Decatur-Morgan Hospital West Campus - 256-973-4000

2205 Beltline Road SW, Decatur, AL 35803

- 24/7
- Most insurances accepted
- Offers inpatient and outpatient counseling to children, adolescents, adults, and geriatric patients.

Family Services Center, Inc. - 256-551-1610

520 Madison St. SE (Unit B), Huntsville, AL 35801

- Mon - Thurs - 8 a.m. - 5:30 p.m.
- Fee based on income.
- Offers affordable and group individual counseling for a wide range of situations. Sessions are now offered virtually.

Mental Health Center of Central North Alabama - Counseling Center - 256-355-6501

4110 US Hwy 31 South, Decatur, AL 35803

- Mon - Thurs - 8 a.m. - 5 p.m. - Fri - 8 a.m. - 3 p.m.
- Fee based on income. Most insurances accepted.
- Treatment for children, adolescents and adults with a severe mental illness and/or a severe emotional disturbance.

Morgan County System of Services - 256-350-8434

2531 Hwy 20 West, Decatur, AL 35601

- Mon - Fri - 8 a.m. - 4:30 p.m.
- No Fee; Non-profit organization with an array of individualized services for at risk youth. Shelter available for girls.

MORGAN COUNTY (CONT.):

Mental Health Center of North Central Alabama - 256-355-6091

1316 Somerville Rd SE #1, Decatur, AL 35601

- After Hours Emergency Assistance
- Provides psychiatric and mental health services to adults, children and adolescents

Morgan County CAC - 256-355-1908

801 Church St., Suite 1, Decatur, AL 35602

- Mon - Fri - 8 a.m. - 5 p.m.
- No fee
- Provides support and advocates for child sensitive investigations. Bringing ease to the abused and swift prosecution to the offenders.

National Alliance on Mentally Illness (NAMI) - 256-534-2628 or 1-800-626-4199

701 Andrew Jackson Way, Suite A Huntsville, AL 35801

- Mon - Fri - 9 a.m. - noon
- No fee
- Provides support, education, and advocacy to the mentally ill and their loves ones.

Thrive Alabama - 256-536-4700

600 St. Claire Ave SW, Building 3 Huntsville, AL 35801

- Mon - Thurs 8 a.m. - 5 p.m. - Fri - 8 a.m. - noon
- Sliding fee scale. Most insurance accepted
- Psychiatry and Psychology (therapists)

PERRY COUNTY:

Cahaba Center for Mental Health - 334-683-9957 after hours, calls roll over to on-call answering service for crisis calls 1-800-291-1920 - 104 Edward Street, Marion, AL 36756

- Mon - Fri - 8 a.m. - 5 p.m. after hours emergency services
- Private Insurance, Medicaid, Medicare, and Sliding Scale Fee
- Children, Adolescent, and Adult counseling; Serves individuals with mental illness and developmental disabilities.

Central Alabama Regional Child Advocacy Center - 334-875-0890

- Mon - Fri business hours
- No fee
- Mission: further reduce trauma to child victims through coordinating a timely, comprehensive and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse.

Hale County Hospital Emergency Department - 334-624-3024

508 Green St, Greensboro, AL 36744

- 24/7
- Private Insurance, Medicaid, Medicare
- Emergency Services

Vaughan Regional Medical Center Emergency Department - 334-418-4100

1015 Medical Center Pkwy, Selma, AL 36701

- 24/7
- Private Insurance, Medicaid, Medicare
- Emergency Services

PICKENS COUNTY:

Indian Rivers Behavioral Health – 205-391-3131

2209 9th Street, Tuscaloosa, AL 35401

- Mon – Fri – 8 a.m. – 4:30 p.m.
- Sliding fee scale. Most insurance accepted
- Mental health and psychiatric services for adults and children

Northport Medical Center – 205-333-4500

2700 Hospital Dr, Northport, AL 35476

- 24/7
- Accepts most insurances
- Hospital with a psychiatric unit

PIKE COUNTY:

East Central Alabama Mental Health Center – 334-566-6022

200 Cherry Street, Troy, AL 36081

- Mon – Fri – 8 a.m. – 5 p.m.
- Access to care, case management-children and adults, child, adolescent, and adult mental illness outpatient, emergency/crisis services, developmental disabilities services, mental illness child, adolescent, and adult in-home intervention, parent assistance program, residential services, and substance use

Pike Regional Child Advocacy Center – 334-808-2874

118 W. Orange Street, Troy, AL 36081

- Mon – Fri – 8 a.m. – 5 p.m.
- No fee
- Provide a coordinated, multidisciplinary response to allegations of child abuse

RANDOLPH COUNTY:

AltaPointe Health Systems – 334-777-5920 251-450-2211

706 Main Street, Roanoke, AL 36274

- Mon – Fri – 8 a.m. – 4:30 p.m. After Hours Emergency Assistance
- Sliding fee scale; accepts most insurances
- Outpatient mental and behavioral services for adults and children.

UCP of East Central Alabama – 256-237-8203

415 Castle Avenue, Anniston, AL 36205

- Mon – Fri Business hours
- Dedicated to serving individuals, age birth to adulthood, with developmental and physical disabilities, including autism, cerebral palsy, down syndrome, spina bifida, or any other identified delay of 25% or more.

RUSSELL COUNTY:

East Alabama Mental Health Center – 334-298-2405 334-742-2877

3170 Martin Luther King Jr. Pkwy S, Phenix City, AL 36869

- Mon – Fri – 8:30 a.m. – 5 p.m. After Hours Emergency Assistance
- Sliding fee scale; accepts most insurances
- Community Mental Health Center

RUSSELL COUNTY (CONT.):

62

Family Center of Columbus – 706-327-3760

1350 15th Ave., Columbus, GA 31901

- Mon, Wed – 8 a.m. – 6 p.m.; Tues, Thu – 8 a.m. – 7 p.m.; Fri – 8 a.m. – noon
- Sliding fee scale; Individual, family and group counseling for an array of needs. Serves Russell County, AL.

Health Services Center, Inc – 256-546-5566

608 Martin Luther King Drive, Anniston, AL 36201

- Mon – Thu – 8 a.m. – 5 p.m.
- Fee based on income. Most insurances accepted; Psychiatric evaluation and treatment, individual and family counseling and group therapy

Russell County Child Advocacy Center – 334-297-4962

67 Downing Dr., Phenix City, AL 36869

- Mon – Fri – 8 a.m. – 5 p.m.
- Provides support and advocates for child sensitive investigations. Bringing ease to the abused and swift prosecution to the offenders.

SHELBY COUNTY:

Central Alabama Wellness – 205-651-0077

2100 County Services Drive, Pelham, AL

- Mon – Fri – 8 a.m. – 4:30 p.m.
- Provides an array of services for individuals dealing with mental illness and/or substance use disorders.

Chilton Shelby Mental Health Center – 205-663-1252

2100 County Services Drive, Pelham, AL 35124

- Mon – Fri – 8 a.m. – 4:30 p.m.
- Chilton Shelby Mental Health Center provides an array of services for individuals dealing with mental illness and/or substance use disorders.

Owens House Child Advocacy Center – 205-669-3333

22747 Hwy 25, Columbiana, AL 35051

Mon – Fri – 8:30 a.m. – 5 p.m.

- No fee; Provides support and advocates for child sensitive investigations. Bringing ease to the abused and swift prosecution to the offenders.

ST. CLAIR COUNTY:

Jefferson, Blount, St. Clair Mental Health Clinic/Western Mental Health Clinic –

205-788-7770 – 1701 Avenue D, Ensley, Birmingham, AL 35218

- Mon – Fri – 8 a.m. – 4:30 p.m.
- The Outpatient Clinics are designed to provide a wide array of clinical services to children/adolescents who exhibit severe emotional disturbance and adults who experience serious mental illness. Assist clients who do not have insurance apply for medications provided by various pharmaceutical manufacturers. Provides emergency crisis intervention 24 hours a day, 7 days a week. By telephone only after office hours and weekends.

St. Clair Child Advocates Center – 205-338-8847

18200 Alabama Hwy 174, Pell City AL 35125

- Mon – Fri – 8 a.m. – 4:30 p.m.; No fee; Provides support and advocates for child sensitive investigations. Bringing ease to the abused and swift prosecution to the offenders.

SUMTER COUNTY:

Hill Hospital of Sumter County - 205-392-5263

751 Derby Drive, York, AL 36925

- 24/7
- Emergency Services

Sumter Counseling Center - 205-652-6731

110 Hospital Drive Suite 101, Livingston, AL 35470

- Mon – Fri – 8 a.m. – 5 p.m.
- Mental Health Services

West Alabama Mental Health Center - 1-800-239-2901

1215 South Walnut Ave, Demopolis, AL 36732

- Mon – Fri – 8 a.m. – 5 p.m. After Hours Emergency Assistance
- Mental Health Services

TALLADEGA COUNTY:

Health Services Center, Inc - 256-546-5566

608 Martin Luther King Drive, Anniston, AL 36201

- Mon – Thu – 8 a.m. – 5 p.m.
- Fee based on income. Most insurances accepted.
- Psychiatric evaluation and treatment, individual and family counseling and group therapy

Palmer Place - 256-315-2662

412 Cherry Street, Talladega, AL 35160

- Mon – Thu – 8 a.m. – 5 p.m.
- No fee
- Child/teen advocacy center that provides a wide range of services to abused children/teenagers.

Regional Medical Center - 256-235-5121

400 E 10th St, Anniston, AL 36207

- 24/7
- Most insurances accepted
- Hospital with an inpatient psychiatric unit

UCP of East Central Alabama - 256-237-8203

415 Castle Avenue, Anniston, AL 36205

- Mon – Fri Business hours
- Dedicated to serving individuals, age birth to adulthood, with developmental and physical disabilities, including autism, cerebral palsy, down syndrome, spina bifida, or any other identified delay of 25% or more.

TALLAPOOSA COUNTY:

East Alabama Medical Center - 334-749-3411/334-742-2877

2000 Pepperell Pkwy, Opelika, AL 36801

- 24/7 and after hours emergency assistance
- Accepts most insurances
- Hospital with a psychiatric Unit

TALLAPOOSA COUNTY (CONT.):

Tri-County Child Advocacy Center – 888-204-7224

266 Bryan St., Dadeville, AL 36853

- Mon – Thu – 8 a.m. – 5 p.m.
- No fee
- Provides support and advocates for child sensitive investigations. Bringing ease to the abused and swift prosecution to the offenders

TUSCALOOSA COUNTY:

Brewer Porch Children's Center – 205-348-7236

2501 Woodland Road, Tuscaloosa, AL 35405

- Accepts most insurances
- Children's inpatient and outpatient treatment and counseling services.

Indian Rivers Behavioral Services – 205-391-3131

2209 9th Street, Tuscaloosa, AL 35401

- Mon – Fri – 8 a.m. – 4:30 p.m.
- Sliding fee scale. Most insurance accepted
- Mental health and psychiatric services for adults and children

National Alliance on Mentally Illness (NAMI) – 205-334-1555

Christ Episcopal Church; corner of 7th St. and Lurleen B Wallace Blvd North

- Meetings held via zoom and in-person 2nd Mondays of each month from 6 p.m. – 8 p.m.
- No Fees
- Provides support, education and advocacy to the mentally ill and their loves ones.

Northport Medical Center – 205-333-4500

2700 Hospital Dr, Northport, AL 35476

- 24/7
- Accepts most insurances
- Emergency Services

Tuscaloosa Children's Advocacy Center – 205-752-7711

2901 7th St, Tuscaloosa, AL 35401

- Mon – Fri – 8 a.m. – 5 p.m.
- No Fee
- Provides support and advocates for child sensitive investigations. Bringing ease to the abused and swift prosecution to the offenders.

WALKER COUNTY:

Walker Baptist Medical Center – 205-387-4000

3400 Hwy 78 East, Jasper, AL 35501

- 24/7
- Accepts most insurances
- Emergency Services

WASHINGTON COUNTY:

Washington County Hospital – 251-847-2223

14600 Saint Stephens Avenue, Chatom, AL 36518

- Mon – Fri – 8 a.m. – 4 p.m.
- Accepts most insurances
- Emergency Services

WILCOX COUNTY:

Cahaba Center Mental Health - 334-682-4499

45 Camden Bypass, Camden, AL 36726

- Mon - Fri - 1 p.m. - 8 p.m.
- Accepts most insurances
- Mental Health Services

Central Alabama Regional Child Advocacy Center - 334-875-0890

- Mon - Fri business hours
- No fee
- Mission: further reduce trauma to child victims through coordinating a timely, comprehensive and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse.

WINSTON COUNTY:

Northport Medical Center - 205-333-4500

2700 Hospital Dr., Northport, AL 35476

- 24/7
- Accepts most insurances
- Hospital with a psychiatric unit



ALSDE

Family Resources When
Navigating Student
Bullying & Suicide Incidents

March 2026